

2024 RESULTS

MEN'S RESULTS

Adelphi Panthers XC Invite

Friday, Sept. 6 • 8k
1st of 14/99 runners

2. Bryce Keenoy - 25:50.60
3. Landon Boyle - 26:01.20
5. Evan Wooby - 26:22.90
6. Brian McGarrity - 26:23.30
11. Nicholas Gdowik - 26:48.00

Kutztown DII/DIII Challenge

Friday, Sept. 13
7th of 12/118 runners

55. Evan Wooby - 28:56.3
56. Landon Boyle - 28:56.5
57. Andrew Tatesure - 28:56.6
58. Bryce Keenoy - 28:56.8
- 59 Brian McGarrity - 29:00.8

UMass Dartmouth Invitational

Saturday, Sept. 21 • 8k
12th of 44/230 runners

63. Brian McGarrity - 26:12.5
87. Evan Wooby - 26:34.0
90. Andrew Tatesure - 26:37.1
94. Landon Boyle - 26:40.0
99. Ethan Holcomb - 26:46.4

Paul Short Run at Lehigh

Saturday, Oct. 5 • 8k
19th of 38/313 runners

53. Landon Boyle - 25:52.0
82. Bryce Keenoy - 26:13.3
102. Ethan Holcomb - 26:22.9
131. Brian McGarrity - 26:49.2
149. Evan Wooby - 27:03.0

PSAC Championships at Kutztown

Saturday, Oct. 26 • 8k
2nd of 15/150 runners

12. Landon Boyle - 25:59.6

14. Bryce Keenoy - 26:01.7
17. Brian McGarrity - 26:07.0
18. Ethan Holcomb - 26:14.4
22. Andrew Tatesure - 26:23.8

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 9 • 10k
8th of 21/156 runners

34. Bryce Keenoy - 31:29.3
37. Ethan Holcomb - 31:38.4
41. Brian McGarrity - 31:52.8
54. Joe Walker - 32:12.4
65. Evan Wooby - 32:32.8

WOMEN'S RESULTS

Adelphi Panthers XC Invite

Friday, Sept. 6 • 5k
1st of 13/98 runners

1. Daniella Napoli - 18:41.30
2. Megan Elgrim - 19:32.80
4. Carla Bautista - 19:48.40
8. Gabriela Orama - 20:03.80
10. Kelly Martin - 20:28.40

Kutztown DII/DIII Challenge

Friday, Sept. 13 • 6k
6th of 10/129 runners

8. Daniella Napoli - 23:57.7
39. Megan Elgrim - 25:27.7
42. Carla Bautista - 25:38.9
43. Marissa McDougall - 25:39.5
48. Sidney Hutt - 25:49.3

UMass Dartmouth Invitational

Saturday, Sept. 21 • 5k
12th of 45/345 runners

35. Daniella Napoli - 18:36.5
76. Carla Bautista - 19:31.7
88. Gabriela Orama - 19:40.6
94. Megan Elgrim - 19:44.9
120. Marissa McDougall - 20:05.2

Paul Short Run at Lehigh

Saturday, Oct. 5 • 6k
21st of 35/286 runners

18. Daniella Napoli - 22:00.1
72. Payton Falkenstein - 22:54.3
117. Megan Elgrim - 23:21.7
125. Carla Bautista - 23:25.4
198. Gabriela Orama - 24:35.7

PSAC Championships at Kutztown

Saturday, Oct. 21 • 6k
3rd of 17/157 runners

5. Daniella Napoli - 22:12.7

6. Payton Falkenstein - 22:43.6
15. Carla Bautista - 23:13.8
25. Gabriela Orama - 23:32.2
40. Megan Elgrim - 23:53.8

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 4 • 6k
3rd of 22/160 runners

8. Daniella Napoli - 21:11.8
11. Payton Falkenstein - 21:21.8
31. Carla Bautista - 23:12.9
32. Mia Sisilli - 22:13.8
36. Gabriela Orama - 22:16.0

NCAA National Championships at Sacramento, Calif.

Saturday, Nov. 23 • 6k
32nd of 34/259 runners

- Daniella Napoli, 22:35.7
Payton Falkenstein, 23:33.9
Mia Sisilli, 23:54.3
Carla Bautista, 24:36.6
Gabriela Orama, 24:45.8

Men's Team

Years	W	L	T	Pct.
56th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th; 1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-2020), Justin Germani (2020-21 Interim), Adam Mengel (2021-Present)

Women's Team

Years	W	L	T	Pct.
44th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th (at Missouri Southern), 2024 - 32nd (at Sacramento, Calif.)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84), Pete Heesen (1985-86), Joe Koch (1987-2020), Justin Germani (2020-21 Interim), Adam Mengel (2021-Present)

2023 RESULTS

MEN'S RESULTS

Adelphi Panthers XC Invite

Friday, Sept. 1 • 8k
2nd of 14/135 runners

- 3. Landon Boyle - 26:09.90
- 15. Cory Miduri - 26:50.90
- 16. Jack Becker - 26:54.70
- 18. Tim Gale - 27:04.10
- 19. Ethan Holcomb - 27:04.60
- 27. Bryce Kennoy - 27:20.80
- 33. Liam Hansberry - 27:54.00
- 37. Lucas Thaler - 28:24.30
- 56. Andrew Dowdell - 29:40.00

UMass Dartmouth Invitational

Saturday, Sept. 16 • 8k
10th of 39/303 runners

- 49. Landon Boyle - 25:59.08
- 53. Ethan Holcomb - 26:04.51
- 68. Cory Miduri - 26:21.82
- 72. Jack Becker - 26:24.12
- 86. Liam Hansberry - 26:49.96
- 88. Bryce Kennoy - 26:51.51
- 145. Tim Gale - 27:55.41
- 162. Emmanuel Gitonga - 28:14.79

Paul Short Run at Lehigh

Saturday, Sept. 30 • 8k
12th of 34/376 runners

- 31. Landon Boyle - 26:42.4
- 49. Ethan Holcomb - 27:05.2
- 87. Bryce Kennoy - 27:41.0
- 92. Liam Hansberry - 27:44.6
- 112. Liam Becker - 27:55.9
- 119. Cory Miduri - 28:01.7
- 207. Tim Gale - 29:01.6
- 276. Lucas Thaler - 30:12.2
- 277. Andrew Dowdell - 30:12.9

Bloomsburg Invitational

Saturday, Oct. 7 • 8k
8th of 10/89 runners

- 26. Landon Boyle - 27:59.9
- 59. Tim Gale - 29:48.0
- 60. Liam Hansberry - 29:48.1
- 62. Ethan Holcomb - 29:54.6
- 63. Bryce Kennoy - 29:54.7
- 64. Jack Becker - 29:54.8
- 75. Lucas Thaler - 31:24.0
- 79. Andrew Dowdell - 32:16.9

PSAC Championships at Bloomsburg

Saturday, Oct. 21 • 8k
4th of 16/144 runners

- 21. Landon Boyle - 27:15.0
- 33. Ethan Holcomb - 27:43.0
- 35. Bryce Kennoy - 27:44.8
- 40. Liam Hansberry - 28:02.6
- 49. Cory Miduri - 28:13.5
- 55. Jack Becker - 38:19.7
- 93. Tim Gale - 29:36.2
- 117. Lucas Thaler - 31:01.4
- 119. Andrew Dowdell - 31:07.1

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 4 • 10k
16th of 21/155 runners

- 59. Landon Boyle - 32:42.1
- 76. Jack Becker - 33:13.9
- 83. Bryce Kennoy - 33:23.0
- 87. Ethan Holcomb - 33:33.0
- 88. Cory Miduri - 33:33.3
- 92. Liam Hansberry - 33:41.9
- 101. Tim Gale - 34:00.9

WOMEN'S RESULTS

Adelphi Panthers XC Invite

Friday, Sept. 1 • 5k
1st of 13/98 runners

- 2. Bri Hennett - 18:56.30
- 4. Carla Bautista - 19:18.40
- 7. Holly Chamber - 19:42.90
- 10. Payton Falkenstein - 20:05.40
- 16. Mia Sisilli - 20:27.30
- 18. Megan Elgrim - 20:32.70
- 21. Kiera Wimbush - 20:48.40
- 24. Gabriela Orama - 21:00.00
- 35. Abigail Kolb - 22:13.30
- 37. Tara Haring - 22:16.60
- 38. Alycia Smith - 22:18.60
- 43. Jada Williams - 23:31.20

UMass Dartmouth Invitational

Saturday, Sept. 16 • 5k
7th of 37/280 runners

- 10. Bri Hennett - 18:15.18
- 27. Carla Bautista - 18:41.75
- 65. Payton Falkenstein - 19:27.79
- 77. Holly Chambers - 19:37.11
- 88. Mia Sisilli - 19:48.72
- 89. Kiera Wimbush - 19:49.65
- 93. Megan Elgrim - 19:54.76
- 97. Gabriela Orama - 20:03.49

Paul Short Run at Lehigh

Saturday, Sept. 30 • 6k
8th of 36/364 runners

- 5. Bri Hennett - 22:37.8
- 55. Carla Bautista - 24:11.5
- 69. Holly Chambers - 24:28.0
- 99. Mia Sisilli - 24:53.7
- 100. Gabriela Orama - 24:55.1
- 109. Megan Elgrim - 25:02.0
- 150. Kiera Wimbush - 25:33.2
- 278. Alycia Smith - 27:26.5
- 303. Abigail Kolb - 28:04.4

Bloomsburg Invitational

Saturday, Oct. 7 • 6k
8th of 11/108 runners

- 43. Holly Chambers - 25:53.4
- 45. Carla Bautista - 25:58.3
- 56. Payton Falkenstein - 26:31.9
- 57. Megan Elgrim - 26:32.4
- 60. Kiera Wimbush - 26:34.7
- 61. Gabriela Orama - 26:35.0
- 64. Mia Sisilli - 26:41.4
- 76. Alycia Smith - 27:28.1
- 83. Abigail Kolb - 28:17.4
- 92. Jada Williams - 29:22.5

PSAC Championships at Bloomsburg

Saturday, Oct. 21 • 6k
4th of 18/171 runners

- 5. Bri Hennett - 22:50.0
- 26. Holly Chambers - 24:19.4
- 29. Carla Bautista - 24:30.2
- 35. Payton Falkenstein - 24:41.9
- 46. Megan Elgrim - 24:57.7
- 50. Kiera Wimbush - 24:59.8
- 52. Mia Sisilli - 25:02.4
- 54. Gabriela Orama - 25:07.7
- 113. Alycia Smith - 26:34.6
- 121. Kelly Martin - 26:51.2
- 159. Jada Williams - 29:34.5

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 4 • 6k
8th of 25/172 runners

- 7. Bri Hennett - 21:17.6
- 38. Holly Chambers - 22:35.0
- 52. Payton Falkenstein - 22:52.4
- 57. Carla Bautista - 22:59.4
- 80. Mia Sisilli - 23:22.9
- 82. Kiera Wimbush - 23:28.7
- 93. Megan Elgrim - 23:37.9

2022 RESULTS

MEN'S RESULTS

Adelphi Panthers XC Invite

Friday, Sept. 2 • 8k

1st of 15/139 runners

2. Landon Boyle - 26:35.50
3. Brian McGarrity - 26:46.70
5. Luke Valdevit - 26:57.70
6. Emmaneul Gitonga - 27:06.10
11. Camden Shaffer - 27:22.80
13. Evan Wooby - 27:31.50
42. Andrew Dowdell - 30:02.90

UMass Dartmouth Invitational

Saturday, Sept. 17 • 8k

11th of 36/282 runners

60. Brian McGarrity - 26:22.49
61. Luke Valdevit - 26:22.60
64. Landon Boyle - 26:28.71
66. Emmaneul Gitonga - 26:30.4
113. Camden Shaffer - 27:13.39
200. Caleb Peters - 29:05.83
224. Andrew Dowdell - 29:54.13

Paul Short Run at Lehigh

Friday, Sept. 30 • 8k

42nd of 45/403 runners

215. Brian McGarrity - 26:04.9
221. Luke Valdevit - 26:06.9
269. Landon Boyle - 26:32.8
311. Emmaneul Gitonga - 26:59.3
315. Camden Shaffer - 27:01.2
368. Evan Wooby - 27:52.9
393. Caleb Peters - 29:09.6
398. Andrew Dowdell - 30:12.0
400. Justin Walters - 30:32.5

Go Fast River Run

at Lock Haven

Saturday, Oct. 22 • 8k

7th of 14/170 runners

56. Luke Valdevit - 26:34.7
60. Landon Boyle - 26:48.7
73. Brian McGarrity - 27:21.5
80. Evan Wooby - 27:38.0
92. Camden Shaffer - 28:09.0
115. Andrew Dowdell - 29:24.9
130. Caleb Peters - 30:17.1
133. Justin Walters - 30:23.90

PSAC Championships

at Mansfield

Saturday, Nov. 5 • 8k

9th of 16/145 runners

26. Luke Valdevit - 26:08.8 #
37. Landon Boyle - 26:42.8
41. Brian McGarrity - 26:50.6
76. Evan Wooby - 27:43.8
77. Camden Shaffer - 27:44.3
117. Andrew Dowdell - 29:42.6
128. Justin Walters - 30:38.8
131. Caleb Peters - 31:11.8
- # All-PSAC 2nd team

NCAA Atlantic Regional

at Mansfield

Saturday, Nov. 19 • 10k

13th of 23/162 runners

49. Luke Valdevit - 31:06.1
60. Brian McGarrity - 31:35.9
79. Landon Boyle - 32:03.0
85. Evan Wooby - 32:14.4
98. Camden Shaffer - 32:41.8
143. Andrew Dowdell - 35:23.1
159. Justin Walters - 37:59.5

WOMEN'S RESULTS

Adelphi Panthers XC Invite

Friday, Sept. 2 • 5k

4th of 14/100 runners

11. Kelly Martin - 21:38.70
14. Megan Elgrim - 22:11.50
18. Alycia Smith - 22:36.50
38. Samantha Brawner - 23:44.2
48. Jada Williams - 25:19.90

UMass Dartmouth Invitational

Saturday, Sept. 17 • 5k

30th of 39/284 runners

88. Kelly Martin - 19:50.03
161. Megan Elgrim - 20:54.31
171. Alycia Smith - 21:05.97
212. Samantha Brawner - 22:03.17
230. Jada Williams - 22:55.29

Paul Short Run at Lehigh

Friday, Sept. 30 • 6k

30th of 42/331 runners

94. Kelly Martin - 24:16.0
176. Alycia Smith - 25:30.8
192. Megan Elgrim - 25:43.1
218. Samantha Brawner - 26:29.2
268. Jada Williams - 27:51.7

DeSales Invitational

Saturday, Oct. 8 • 6k

13th of 19/203 runners

36. Kelly Martin - 24:43.70
62. Megan Elgrim - 25:41.20
84. Samantha Brawner - 26:20.9
86. Alycia Smith - 26:27.10
119. Jada Williams - 28:05.00

Go Fast River Run

at Lock Haven

Saturday, Oct. 22 • 6k

14th of 16/145 runners

92. Megan Elgrim - 25:36.6
97. Alycia Smith - 26:01.70
103. Kelly Martin - 26:11.1
107. Samantha Brawner - 26:27.1
110. Jada Williams - 26:37.0

PSAC Championships

at Mansfield

Saturday, Nov. 5 • 6k

17th of 18/164 runners

103. Kelly Martin - 26:05.6
109. Megan Elgrim - 26:20.0
116. Alycia Smith - 26:31.5
119. Samantha Brawner - 26:39.6
136. Jada Williams - 27:36.9

NCAA Atlantic Regional

at Mansfield

Saturday, Nov. 19 • 6k

No Team Score/157 runners

100. Megan Elgrim - 25:05.6
127. Alycia Smith - 26:05.5
130. Jada Williams - 26:11.7
132. Samantha Brawner - 26:15.4
- Kelly Martin - DNF

Men's Team

Years	W	L	T	Pct.
54th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th;
1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd,
1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979

(New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-2020), Justin Germani (2020-21 Interim), Adam Mengel (2021-Present)

Women's Team

Years	W	L	T	Pct.
42nd season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th
(at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84),
Pete Heesen (1985-86), Joe Koch (1987-2020), Justin Germani (2020-21 Interim), Adam Mengel (2021-Present)

2021 RESULTS

MEN'S RESULTS

Adelphi Panthers XC Invite

Friday, Sept. 3 • 8k
6th of 14/144 runners

9. Luke Valdevit - 26:33.9
22. Camden Shaffer - 27:34.4
33. Cole Streisel - 28:00.8
56. Koodsha Manjaro - 29:29.9
66. Austyn Hamilton - 29:49.4
82. Justin Green - 30:55.2

Kutztown DII Challenge

Saturday, Sept. 18 • 8k
10th of 13/130 runners

17. Luke Valdevit - 27:48.4
64. Cole Streisel - 29:32.4
67. Camden Shaffer - 29:39.5
73. Austyn Hamilton - 29:57.5
77. Brian McGarrity - 30:01.7
87. Eric Mann - 30:25.7
102. Scott Zoscin - 31:38.8
103. Brendan Solano - 31:44.1
110. Justin Green - 32:20.6

Paul Short Run at Lehigh

Friday, Oct. 1 • 8k
13th of 26/218 runners

14. Luke Valdevit - 26:27.8
52. Cole Streisel - 27:29.5
74. Brian McGarrity - 28:00.7
87. Camden Shaffer - 28:14.2
101. Austyn Hamilton - 28:34.4
111. Scott Zoscin - 28:47.9
138. Koodsha Manjaro - 29:31.1
140. Brendan Solano - 29:35.0
148. Justin Green - 29:50.3

DeSales Invitational

Saturday, Oct. 9 • 8k
7th of 17/189 runners

3. Luke Valdevit - 26:27.5
30. Cole Streisel - 27:38.4
42. Camden Shaffer - 28:12.1
56. Brian McGarrity - 28:31.5
72. Koodsha Manjaro - 29:10.2
78. Brendan Solano - 29:22.6
80. Josh D'Agostino - 29:27.8
87. Justin Green - 29:53.1

PSAC Championships at Kutztown

Friday, Oct. 22 • 8k
12th of 16/152 runners

11. Luke Valdevit - 26:42.7*
73. Camden Shaffer - 28:34.7
77. Cole Streisel - 28:41.2
84. Brian McGarrity - 28:46.5
93. Evan Wooby - 29:05.9
106. Koodsha Manjaro - 29:43.6
110. Brendan Solano - 29:50.1

* All-PSAC 1st team

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 6 • 10k
15th of 23/157 runners

30. Luke Valdevit - 32:25.7
79. Cole Streisel - 34:03.1
86. Evan Wooby - 34:18.8
91. Brian McGarrity - 34:28.4
97. Camden Shaffer - 34:40.5
118. Brendan Solano - 35:53.2
129. Koodsha Manjaro - 36:37.6

WOMEN'S RESULTS

Adelphi Panthers XC Invite

Friday, Sept. 3 • 5k
No Team Finish/144 runners

9. Keely Arndt - 20:22.6
11. Kylie Stangle - 20:24.9
14. Madison Palmer - 19:32.1
40. Samantha Brawner - 22:10.1
84. Olympia Curley-Katrishen - 24:43.9

Kutztown DII Challenge

Saturday, Sept. 18 • 6k
11th of 14/263 runners

26. Kylie Stangle - 25:35.8
28. Keely Arndt - 25:47.0
63. Amanda Fine - 27:17.8
90. Olympia Curley-Katrishen - 28:29.8
92. Kaylene Raczka - 28:33.1
120. Jada Williams - 30:16.8

Paul Short Run at Lehigh

Friday, Oct. 1 • 6k
25th of 32/218 runners

82. Kylie Stangle - 24:34.1
127. Alycia Smith - 25:26.2
139. Kaylene Raczka - 25:48.6
178. Jada Williams - 27:00.4
189. Samantha Brawner - 27:20.6

DeSales Invitational

Saturday, Oct. 9 • 6k
7th of 19/189 runners

16. Keely Arndt - 24:10.5
17. Kylie Stangle - 24:11.7
62. Alycia Smith - 25:48.7
77. Kaylene Raczka - 26:28.2
81. Jada Williams - 26:33.2
91. Samantha Brawner - 26:55.3

PSAC Championships at Kutztown

Friday, Oct. 22 • 6k
15th of 17/178 runners

45. Kylie Stangle - 24:40.1
90. Keely Arndt - 25:48.0
106. Alycia Smith - 26:08.3
116. Kaylene Raczka - 26:32.3
128. Jada Williams - 27:02.5
131. Samantha Brawner - 27:08.9

Go Fast River Run at Lock Haven

Saturday, Oct. 30 • 6k
No Team Finish/53 runners

26. Alycia Smith - 26:56

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 6 • 6k
20th of 22/160 runners

54. Kylie Stangle - 23:17.6
114. Jada Williams - 24:50.3
140. Samantha Brawner - 25:54.1
142. Kaylene Raczka - 26:06.6
151. Abigail Rosas - 26:46.4

Men's Team

Years	W	L	T	Pct.
53rd season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th;
1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd,
1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979
(New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-2020), Justin Germani (2020-21 Interim), Adam Mengel (2021-Present)

Women's Team

Years	W	L	T	Pct.
41st season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th
(at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84),
Pete Heesen (1985-86), Joe Koch (1987-2020), Justin Germani (2020-21 Interim), Adam Mengel (2021-Present)

2020-21 RESULTS

MEN'S RESULTS

Lock Haven Winter Invite

Saturday, Feb. 27 • 5k

3rd of 4/35 runners

- 2. Casey Ellis - 14:53.1
- 7. Teddy Mostellar - 15:34.6
- 9. Luke Valdevit - 15:51.4
- 20. Josh D'Agostino - 16:33.8
- 35. Koodsha Manjaro - 18:12.4

Shippensburg Invitational

Saturday, March 6 • 5k

DNP/23 runners

- 1. Casey Ellis - 16:06.2
- 5. Teddy Mostellar - 16:47.8
- 20. Koosha Manjaro - 19:19.7

PSAC Championships

at Lock Haven

Saturday, March 20 • 5k

7th of 12/122 runners

- 2. Casey Ellis - 15:17.3 *
- 23. Teddy Mostellar - 16:05.9 #
- 41. Luke Valdevit - 16:30.1
- 78. Josh D'Agostino - 17:24.2
- 99. Koodsha Manjaro - 17:57.8
- 114. Alejandro Paez - 19:13.4
- 115. Sean Roberts - 19:16.5

* All-PSAC 1st team

All-PSAC 2nd team

WOMEN'S RESULTS

Lock Haven Invite

Saturday, Feb. 27 • 5k

4th of 5/47 runners

- 10. Mandy Fine - 19:15.2
- 12. Keely Arndt - 19:21.2
- 14. Madison Palmer - 19:32.1
- 20. Brittany Carratura - 19:58.3
- 24. Holly Orr - 20:33.5
- 26. Kaylene Raczka - 20:45.5
- 27. Samantha Brawner - 20:51.2
- 32. Emily Furlong - 20:58.1
- 42. Lauren Reightneour - 22:17.7

Shippensburg Invitational

Saturday, March 6 • 5k

2nd of 3/30 runners

- 3. Mandy Fine - 20:49.5
- 4. Keely Arndt - 20:50.5
- 8. Brittany Carratura - 21:31.3
- 9. Madison Palmer - 21:55.7
- 10. Kaylene Raczka - 21:57.4
- 14. Samantha Brawner - 22:14.0
- 16. Emily Furlong - 22:23.1
- 24. Lauren Reightneour - 23:51.8

PSAC Championships

at Lock Haven

Saturday, March 20 • 5k

8th of 15/149 runners

- 19. Mandy Fine - 19:31.0 #
- 24. Keely Arndt - 19:35.8 #
- 25. Brittany Carratura - 19:37.2 #
- 48. Madison Palmer - 20:17.6
- 82. Emily Furlong - 21:11.4
- 90. Kaylene Raczka - 21:22.9
- 100. Samantha Brawner - 21:55.8
- 111. Holly Orr - 22:19.8
- 114. Lauren Reightneour - 22:30.5
- 142. Hannah Frankenfield - 25:13.8

All-PSAC 2nd team

Men's Team

Years	W	L	T	Pct.
52nd season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th;
1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd,
1981 - 4th, 1983 - 2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979
(New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-2020), Justin Germani (2020-21 Interim)

Women's Team

Years	W	L	T	Pct.
40th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th
(at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84),
Pete Heesen (1985-86), Joe Koch (1987-2020), Justin Germani (2020-21 Interim)

2019 RESULTS

MEN'S RESULTS

Bloomsburg Husky Invitational

Saturday, Sept. 7 • 6k

1st of 3/28 runners

1. Casey Ellis - 19:49
2. Teddy Mostellar - 19:55
3. Jeremy Smith - 20:02
8. Jeremy Rapposelli - 5:31
9. Nathan Senatore - 20:40

Mercer-Monmouth Invitational

Saturday, Sept. 21 • 8k

7th of 11/145 runners

12. Casey Ellis - 26:56.11
14. Jeremy Smith - 27:02.63
32. Teddy Mostellar - 27:36.02
52. Andy Lopez - 28:11.42
53. Nathan Senatore - 28:12.48

Don Cathcart Invitational

Saturday, Oct. 5 • 8k

1st of 8/146 runners

3. Casey Ellis - 25:32.61
4. Jeremy Smith - 25:38.97
11. Nathan Senatore - 26:02.27
12. Teddy Mostellar - 26:07.93
14. Ben Reisenweaver - 26:17.55

DeSales Invitational

Saturday, Oct. 12 • 8k

1st of 16/168 runners

1. Casey Ellis - 25:44.9
3. Teddy Mostellar - 26:20.9
5. Jeremy Smith - 26:23.8
6. Ben Reisenweaver - 26:29.1
13. Nathan Senatore - 26:56.0

PSAC Championships

at Bloomsburg

Friday, Oct. 25 • 8k

4th of 15/137 runners

7. Casey Ellis - 25:50.2 *
21. Jeremy Smith - 26:26.0 #
33. Ben Reisenweaver - 26:51.7
34. Dylan Senatore - 26:52.4
52. Teddy Mostellar - 27:14.8

* All-PSAC 1st team

All-PSAC 2nd team

Lock Haven River Run

Sunday, Nov. 3 • 8k

2nd of 2/26 runners

9. Josh D'Agostino - 27:18.8
10. Robert Stuetz - 27:27.5
13. Koodsha Manjaro - 28:05.4
19. Kevin Demarest - 29:08.5
22. Blake Killmer - 31:12.2

NCAA Atlantic Regional

at Lock Haven

Saturday, Nov. 9 • 10k

6th of 17/132 runners

9. Casey Ellis - 32:07.6 *
29. Jeremy Smith - 32:44.8
36. Nathan Senatore - 32:52.3
57. Andy Lopez - 33:22.3
70. Ben Reisenweaver - 33:42.8
85. Teddy Mostellar - 34:14.2
86. Dylan Senatore - 34:17.1

* All-Region

NCAA Championships

at Sacramento, CA

Saturday, Nov. 23 • 10k

262 runners

180. Casey Ellis - 32:25.5

WOMEN'S RESULTS

Bloomsburg Husky Invitational

Saturday, Sept. 7 • 4k

2nd of 3/33 runners

4. Rachael Davalos - 16:05
4. Mandy Fine - 16:05
7. Jenna Vledder - 16:17
8. Kylie Stangle - 16:19
10. Holly Orr - 16:30

Mercer-Monmouth Invitational

Saturday, Sept. 21 • 5k

11th of 14/146 runners

57. Rachael Davalos - 20:06.96
71. Mandy Fine - 20:32.61
87. Jenna Vledder - 20:56.94
92. Holly Orr - 21:04.81
104. Brittany Carratura - 21:27.57

Don Cathcart Invitational

Saturday, Oct. 5 • 6k

4th of 14/133 runners

5. Rachael Davalos - 22:13.70
15. Mandy Fine - 22:50.76
16. Jenna Vledder - 22:58.25
18. Kylie Stangle - 23:15.45
20. Emily Eder - 23:19.74

DeSales Invitational

Saturday, Oct. 12 • 6k

2nd of 12/125 runners

6. Rachael Davalos - 23:32.8
8. Mandy Fine - 23:58.5
10. Jenna Vledder - 24:09.0
14. Brittany Carratura - 24:29.0
16. Kylie Stangle - 24:48.2

PSAC Championships

at Bloomsburg

Friday, Oct. 25 • 6k

12th of 17/178 runners

24. Mandy Fine - 23:28.6 #
27. Rachael Davalos - 23:39.5 #
62. Jenna Vledder - 24:40.6
67. Holly Orr - 24:45.7
68. Brittany Carratura - 24:46.3

All-PSAC 2nd team

NCAA Atlantic Regional

at Lock Haven

Saturday, Nov. 9 • 6k

14th of 22/153 runners

41. Rachael Davalos - 22:55.0
58. Mandy Fine - 23:21.6
66. Brittany Carratura - 23:35.6
100. Jenna Vledder - 24:12.1
102. Kylie Stangle - 24:13.4
103. Emily Eder - 24:13.4
124. Haven Snyder - 24:51.8

Men's Team

Years	W	L	T	Pct.
51st season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th; 1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979

(New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-2020)

Women's Team

Years	W	L	T	Pct.
39th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th (at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84), Pete Heesen (1985-86), Joe Koch (1987-2020)

2018 RESULTS

MEN'S RESULTS

UMass Dartmouth Invite

Saturday, Sept. 15 • 8k
7th of 41/295 runners

20. Casey Ellis - 25:42.77
30. Jeremy Smith - 25:58.54
39. Teddy Mostellar - 26:17.86
52. Andy Lopez - 26:40.55
79. Tom Ciaccio - 27:13.79

Paul Short Run

Saturday, Sept. 29 • 8k
29th of 44/363 runners

81. Casey Ellis - 26:30
92. Teddy Mostellar - 26:37
183. Tom Ciaccio - 27:19
193. Jeremy Smith - 27:26
227. Nathan Senatore - 27:43

Delaware Blue & Gold Invite

Saturday, Oct. 6 • 8k
2nd of 6/69 runners

2. Casey Ellis - 27:37.0
5. Teddy Mostellar - 27:49.0
7. Jeremy Smith - 28:11.9
9. Tom Ciaccio - 28:18.2
10. Andy Lopez - 28:23.0

Lebanon Valley Invite

Friday, Oct. 19 • 8k
1st of 8/95 runners

2. Casey Ellis - 26:16.6
3. Teddy Mostellar - 26:32.5
5. Jeremy Smith - 26:36.6
6. Dylan Senatore - 26:38.2
10. Andy Lopez - 26:47.6

PSAC Championships at Edinboro

Saturday, Nov. 3 • 8k
8th of 15/127 runners

26. Casey Ellis - 28:06#
44. Teddy Mostellar - 28:45
48. Andy Lopez - 28:54
49. Tom Ciaccio - 29:02
53. Nathan Senatore - 29:09

All-PSAC 2nd team

Lock Haven River Run

Saturday, Nov. 10 • 8k
NTS/24 runners

8. Josh D'Agostino - 29:03.4
9. Ben Reisenweaver - 29:14.2
13. Gavin DeYoung - 29:42.6
15. Luke Valdevit - 29:52.1

NCAA Atlantic Regional at Pittsburgh, Pa.

Saturday, Nov. 17 • 10k
13th of 17/120 runners

53. Casey Ellis - 37:29
55. Dylan Senatore - 37:33
60. Tom Ciaccio - 37:43
61. Jeremy Smith - 37:45
67. Nathan Senatore - 37:53
69. Andy Lopez - 38:00
80. Teddy Mostellar - 38:40

WOMEN'S RESULTS

UMass Dartmouth Invite

Saturday, Sept. 15 • 5k
7th of 45/318 runners

38. Jenna Vledder - 19:35.23
57. Rachael Davalos - 19:55.11
71. Brittany Carratura - 20:03.63
83. Kylie Stangle - 20:15.63
97. Mandy Fine - 20:27.01

Paul Short Run

Saturday, Sept. 29 • 6k
4th of 43/357 runners

23. Jenna Vledder - 23:59
35. Rachael Davalos - 24:24
42. Brittany Carratura - 24:39
55. Kylie Stangle - 24:50
75. Emily Eder - 25:13

Delaware Blue & Gold Invite

Saturday, Oct. 6 • 6k
2nd of 9/85 runners

8. Jenna Vledder - 24:55.10
9. Rachael Davalos - 25:07.10
11. Brittany Carratura - 25:21.00
14. Kylie Stangle - 25:33.60
20. Emily Eder - 25:55.90

Lebanon Valley Invite

Friday, Oct. 19 • 6k
1st of 8/78 runners

3. Jenna Vledder - 23:44.7
5. Brittany Carratura - 24:17.9
6. Emily Eder - 24:22.4
9. Kaylene Raczka - 24:43.7
11. Kylie Stangle - 24:46.7

PSAC Championships at Edinboro

Saturday, Nov. 3 • 6k
12th of 17/174 runners

41. Rachael Davalos - 25:54
55. Jenna Vledder - 26:19
60. Brittany Carratura - 26:30
68. Kylie Stangle - 26:42
82. Emily Eder - 27:04

Lock Haven River Run

Saturday, Nov. 10 • 6k
NTS/18 runners

4. Mandy Fine - 25:14.80
17. Emily Soldridge - 31:05.20

NCAA Atlantic Regional at Pittsburgh, Pa.

Saturday, Nov. 17 • 6k
14th of 22/154 runners

51. Rachael Davalos - 26:45
73. Jenna Vledder - 27:32
75. Emily Eder - 27:33
81. Mandy Fine - 27:44
105. Kylie Stangle - 28:30
111. Holly Orr - 28:52
115. Kaylene Raczka - 29:01

Men's Team

Years	W	L	T	Pct.
50th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th;
1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-present)

Women's Team

Years	W	L	T	Pct.
38th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th
(at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84),
Pete Heesen (1985-86), Joe Koch (1987-present)

2017 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 9 • 5 miles
1st of 9/68 runners

- Casey Ellis - 27:24.40
- Jeremy Smith - 27:28.13
- Dan Buccino - 27:29.41
- Mike Sheptuk - 27:40.84
- J.P. Montgomery - 27:43.80

Monmouth Invite

Saturday, Sept. 16 • 5 miles
1st of 3 (DII)/113 runners

- Casey Ellis - 27:46.37
- Mike Sheptuk - 28:19.18
- Dan Buccino - 28:44.58
- J.P. Montgomery - 28:50.03
- Khai Samuels - 29:06.61

Salisbury Invite

Saturday, Sept. 30 • 8k
2nd of 11/114 runners

- Casey Ellis - 25:48.02
- Jeremy Smith - 25:49.82
- Mike Sheptuk - 25:52.74
- Dan Buccino - 25:53.73
- J.P. Montgomery - 26:10.22

DeSales Invite

Saturday, Oct. 7 • 8k
3rd of 28/271 runners

- J.P. Montgomery - 26:39.0
- Mike Sheptuk - 26:46.7
- Casey Ellis - 26:47.9
- Dan Buccino - 26:57.1
- Jeremy Smith - 27:10.2

PSAC Championships at California

Saturday, Oct. 21 • 8k
5th of 16/146 runners

- Casey Ellis - 28:05.8#
- Dan Buccino - 28:09.0#
- Jeremy Smith - 28:09.3#
- Mike Sheptuk - 28:17.4#
- Tom Ciaccio - 29:12.3

All-PSAC 2nd team

Lock Haven River Run

Saturday, Oct. 28 • 8k
3rd of 5/69 runners

- Teddy Mostellar - 27:01.2
- Bryan Perry - 27:18.3
- Khai Samuels - 27:24.8
- Zack Krieger - 27:25.7
- Jordan Cruise - 27:40.3

NCAA Regional at Lock Haven

Saturday, Nov. 4 • 10k
7th of 19/129 runners

- Casey Ellis - 32:47.9
- Jeremy Smith - 32:50.7
- Dan Buccino - 32:59.2
- Mike Sheptuk - 33:01.3
- Tom Ciaccio - 33:27.5
- J.P. Montgomery - 33:37.8
- Matt Lloyd - 33:45.1

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 9 • 5k
1st of 7/72 runners

- Kaylyn West - 18:58.35
- Samantha Young - 19:21.71
- Rachael Davalos - 19:43.66
- Jasmine Amro - 20:52.23
- Jenna Vledder - 21:18.37

Monmouth Invite

Saturday, Sept. 16 • 5k
1st of 3 (DII)/124 runners

- Kaylyn West - 19:12.31
- Rachael Davalos - 19:47.97
- Samantha Young - 19:55.96
- Jasmine Amro - 20:47.76
- Jenna Vledder - 21:06.39

Salisbury Invite

Saturday, Sept. 30 • 6k
1st of 11/106 runners

- Kaylyn West - 21:39.47
- Rachael Davalos - 22:00.22
- Samantha Young - 22:03.10
- Jasmine Amro - 22:39.97
- Rachel Eidson - 23:14.67

DeSales Invite

Saturday, Oct. 7 • 6k
2nd of 22/225 runners

- Kaylyn West - 22:36.40
- Rachael Davalos - 23:27.60
- Samantha Young - 24:05.40
- Jasmine Amro - 24:35.20
- Jenna Vledder - 25:12.30

PSAC Championships at California

Saturday, Oct. 21 • 6k
6th of 18/172 runners

- Kaylyn West - 23:43.80*
- Samantha Young - 23:45.80#
- Rachael Davalos - 24:21.20#
- Rachel Edison - 25:18.90
- Emily Eder - 25:32.40

* All-PSAC 1st team

All-PSAC 2nd team

Lock Haven River Run

Saturday, Oct. 28 • 6k
2nd of 6/87 runners

- Brittany Carratura - 23:56.40
- Krista O'Connor - 24:31.70
- Abigail Kaspszyk - 24:36.50
- Gabby Rachmaciej - 25:39.70
- Morgan Morton - 25:43.70

NCAA Regional at Lock Haven

Saturday, Nov. 4 • 6k
8th of 22/151 runners

- Kaylyn West - 21:44.30*
- Rachael Davalos - 22:27.70
- Rachel Eidson - 22:47.80
- Samantha Young - 23:17.30
- Jasmine Amro - 23:33.00
- Emily Eder - 24:02.0
- Jenna Vledder - 24:37.2

* All-Region

Men's Team

Years	W	L	T	Pct.
49th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th; 1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-present)

Women's Team

Years	W	L	T	Pct.
37th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th (at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84), Pete Heesen (1985-86), Joe Koch (1987-present)

2016 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 10 • 5 miles
2nd of 12/103 runners

1. Alec Lederer - 25:51.50
3. Jeremy Rapposelli - 26:44.93
6. J.P. Montgomery - 27:13.86
11. Jared Glosser - 27:39.67
12. Dan Buccino - 27:41.13

Kutztown DII/DIII Challenge

Saturday, Sept. 17 • 8k
6th of 19/217 runners

12. Alec Lederer - 26:37.0
17. Jeremy Rapposelli - 26:56.5
41. Alex Zubko - 27:32.8
43. Dan Buccino - 27:38.2
57. Taylor Piekos - 27:49.8

Paul Short Run

Saturday, Oct. 1 • 8k
25th of 45/400 runners

28. Alec Lederer - 25:18
113. Alex Zubko - 25:59
139. Jeremy Rapposelli - 26:12
173. Taylor Piekos - 26:28
194. Jared Glosser - 26:40

Hamilton Invitational

Saturday, Oct. 8 • 8k
2nd of 14/154 runners

1. Alec Lederer - 25:12.3
5. Alex Zubko - 26:03.0
9. Jeremy Rapposelli - 26:18.9
12. Jeremy Rigotti - 26:37.8
16. Thomas Ciaccio - 26:46.6

PSAC Championships at Kutztown

Saturday, Oct. 22 • 8k
6th of 16/134 runners

21. Jeremy Rapposelli - 26:42.6#
27. Alex Zubko - 27:02.4#
41. Dan Buccino - 27:23.9
53. Jeremy Rigotti - 27:47.2
54. Taylor Piekos - 27:48.4

All-PSAC 2nd team

Lock Haven River Run

Saturday, Oct. 29 • 8k
1st of 4/44 runners

15. Matt Lloyd - 27:16.6
16. Jared Glosser - 27:19.5
19. Zack Krieger - 27:45.7
21. J.P. Montgomery - 27:57.9
23. Khai Samuels - 28:17.3

NCAA Regional at Slippery Rock

Saturday, Nov. 5 • 10k
6th of 17/154 runners

28. Alec Lederer - 34:20.7
30. Alex Zubko - 34:27.2
39. Jeremy Rapposelli - 35:00.3
41. Jeremy Rigotti - 35:04.9
49. Taylor Piekos - 35:18.9
63. Brad Meixsell - 35:50
106. Dan Buccino - 37:47

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 10 • 5k
1st of 11/81 runners

2. Allison Decker - 19:31.42
3. Kaylyn West - 19:50.29
4. Samantha Young - 20:22.34
5. Lauren Toth - 21:20.76
9. Alexandra Palumbo - 22:03.71

Kutztown DII/DIII Challenge

Saturday, Sept. 17 • 6k
4th of 20/244 runners

5. Allison Decker - 22:54.4
19. Samantha Young - 23:47.2
35. Lauren Toth - 24:17.1
45. Rachel Edison - 24:48.9
54. Jasmine Amro - 25:03.1

Paul Short Run

Saturday, Oct. 1 • 6k
26th of 42/373 runners

35. Allison Decker - 22:01
92. Samantha Young - 22:40
149. Lauren Toth - 23:12
184. Rachel Edison - 23:38
230. Jasmine Amro - 24:14

Hamilton Invitational

Saturday, Oct. 8 • 5k
1st of 11/126 runners

1. Kaylyn West - 18:44.1
2. Samantha Young - 18:59.0
13. Rachel Edison - 19:33.1
14. Jasmine Amro - 19:34.4
17. Lauren Toth - 19:41.7

PSAC Championships at Kutztown

Saturday, Oct. 22 • 6k
3rd of 17/163 runners

12. Kaylyn West - 23:11.8*
19. Samantha Young - 23:29.4#
27. Allison Decker - 23:52.2#
41. Rachel Edison - 24:10.2
51. Lauren Toth - 24:29.8

* All-PSAC 1st team
All-PSAC 2nd team

Lock Haven River Run

Saturday, Oct. 29 • 6k
2nd of 5/50 runners

10. Emily Eder - 24:31.8
12. Steph Belbey - 24:38.6
17. Jenna Vledder - 25:31.1
19. Mary-Kate Killoran - 25:45.5
20. Gabby Rachmaciej - 25:58.3

NCAA Regional at Slippery Rock

Saturday, Nov. 5 • 6k
7th of 22/144 runners

23. Samantha Young - 23:55*
27. Kaylyn West - 24:00
48. Lauren Toth - 24:45
62. Jasmine Amro - 25:09
73. Rachel Edison - 25:28
99. Alexandra Palumbo - 26:35
107. Abby Kaspszyk - 26:51

* All-Region

Men's Team

Years	W	L	T	Pct.
48th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th; 1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-present)

Women's Team

Years	W	L	T	Pct.
36th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th (at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84), Pete Heesen (1985-86), Joe Koch (1987-present)

2015 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 12 • 5 miles
1st of 11/88 runners

1. Steve Ruch - 27:18.36
2. Alec Lederer - 27:29.53
5. Anthony Ruiz - 27:57.39
6. Jeremy Rapposelli - 27:59.93
10. Alex Zubko - 28:29.26

UMass Dartmouth Invitational

Saturday, Sept. 19 • 5 miles
2nd of 43/324 runners

12. Alec Lederer - 25:43.57
20. Alex Zubko - 25:56.42
23. Anthony Ruiz - 26:00.95
32. Jeremy Rapposelli - 26:21.05
44. Steve Ruch - 26:39.33

Paul Short Run at Lehigh

Friday, Oct. 2 • 8k
18th of 39/354 runners

57. Alex Zubko - 25:39
65. Steve Ruch - 25:42
136. Alec Lederer - 26:16
151. Jeremy Rapposelli - 26:25
166. Anthony Ruiz - 26:33
203. Chris Ott - 26:59
225. J.P. Montgomery - 27:19

Hamilton (N.Y.) Invitational

Saturday, Oct. 10 • 8k
2nd of 15/173 runners

4. Alec Lederer - 25:46.4
5. Alex Zubko - 25:48.6
9. Steve Ruch - 26:07.1
14. Anthony Ruiz - 26:43.5
16. Jeremy Rapposelli - 26:49.5

PSAC Championships at Slippery Rock

Saturday, Oct. 24 • 8k
7th of 16/134 runners

27. Alex Zubko - 26:18.8 #
33. Steve Ruch - 26:31.7
37. Alec Lederer - 26:46.8
48. Jeremy Rapposelli - 27:16.8
64. Anthony Ruiz - 27:36.1

All-PSAC 2nd team

Lock Haven River Run

Saturday, Oct. 31 • 8k
5th of 7/76 runners

21. Chris Ott - 27:13.86
23. Dustin Sutton - 27:23.86
24. J.P. Montgomery - 27:24.59
27. Jared Glosser - 27:34.52
28. Taylor Piekos - 27:35.24

NCAA Regional at Lock Haven

Saturday, Nov. 7 • 10k
10th of 20/134 runners

21. Alec Lederer - 31:54.0 *
29. Steve Ruch - 32:24.3
33. Alex Zubko - 32:30.8
41. Anthony Ruiz - 32:50.2
65. Jeremy Rapposelli - 33:43.8
75. Brad Meixsell - 33:57.3
85. Michael Gordon - 34:07.6

* All-Region

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 12 • 5k
1st of 14/126 runners

1. Allison Decker - 18:50.81
5. Chelsea Conover - 19:38.33
6. Kaylyn West - 19:57.75
8. Caitlin Perry - 20:16.62
10. Samantha Young - 20:33.95

UMass Dartmouth Invitational

Saturday, Sept. 19 • 5k
2nd of 42/315 runners

1. Allison Decker - 17:40.82
4. Chelsea Conover - 18:08.07
17. Kaylyn West - 18:48.69
22. Caitlin Perry - 18:53.70
46. Samantha Young - 19:42.04

Paul Short Run at Lehigh

Friday, Oct. 2 • 6k
12th of 45/387 runners

3. Allison Decker - 21:29
45. Chelsea Conover - 22:24
80. Kaylyn West - 22:46
82. Caitlin Perry - 22:47
152. Samantha Young - 23:25
172. Brianna Thomas - 23:35
220. Melanie Riley - 23:59

Hamilton (N.Y.) Invitational

Saturday, Oct. 10 • 5k
1st of 14/181 runners

1. Allison Decker - 17:09.6
5. Caitlin Perry - 17:59.4
7. Kaylyn West - 18:05.6
9. Chelsea Conover - 18:10.1
13. Samantha Young - 18:25.2

PSAC Championships at Slippery Rock

Saturday, Oct. 24 • 6k
2nd of 17/166 runners

8. Allison Decker - 22:18.6 *
14. Chelsea Conover - 22:46.3 *
22. Caitlin Perry - 23:06.7 #
26. Kaylyn West - 23:24.7 #
32. Samantha Young - 23:48.2

* All-PSAC 1st team
All-PSAC 2nd team

Lock Haven River Run

Saturday, Oct. 31 • 6k
2nd of 7/60 runners

5. Allison Decker - 22:51.85
11. Jasmine Amro - 23:30.88
14. Lauren Monteith - 23:45.64
15. Michelle Zazzero - 23:46.44
33. Lauren Toth - 25:01.19

NCAA Regional at Lock Haven

Saturday, Nov. 7 • 6k
4th of 23/156 runners

6. Allison Decker - 20:53.2 *
17. Chelsea Conover - 21:42.6 *
26. Caitlin Perry - 22:07.2
27. Kaylyn West - 22:09.8
50. Samantha Young - 22:47.3
78. Brianna Thomas - 23:32.3
87. Melanie Riley - 23:47.5

* All-Region

NCAA Championships at Missouri Southern

Saturday, Nov. 21 • 6k (247 runners)

91. Allison Decker - 22:10.1

Men's Team

Years	W	L	T	Pct.
47th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th; 1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-present)

Women's Team

Years	W	L	T	Pct.
35th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th (at Missouri Southern)

ElWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84), Pete Heesen (1985-86), Joe Koch (1987-present)

2014 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 6 • 5 miles
4th of 8/87 runners

- 6. Alex Zubko - 27:59.78
- 12. Alec Lederer - 28:18.86
- 15. Anthony Ruiz - 28:28.22
- 19. Jeremy Rapposelli - 28:37.25
- 21. Kyle Reese - 28:49.25

UMass-Dartmouth Invite

Saturday, Sept. 20 • 5 miles
7th of 34/255 runners

- 28. Kyle Reese - 26:01.94
- 36. Jeremy Rapposelli - 26:08.09
- 52. Anthony Ruiz - 26:33.34
- 54. Dan Buccino - 26:36.31
- 56. Brad Meixsell - 26:37.26

Paul Short Run at Lehigh

Saturday, Oct. 4 • 8k
27th of 40/341 runners

- 71. Anthony Ruiz - 26:08
- 141. Kyle Reese - 26:46
- 164. Alec Lederer - 27:02
- 170. Zach Talbert - 27:05
- 186. Brad Meixsell - 27:14
- 215. Taylor Piekos - 27:40
- 242. Jeremy Rapposelli - 28:14

ECAC Meet at Mansfield

Sunday, Oct. 26 • 8k
2nd of 9/88 runners

- 19. Alec Lederer - 26:27.1
- 26. Jeremy Rapposelli - 26:55.6
- 27. Brad Meixsell - 26:58.3
- 30. Kyle Reese - 27:02.0
- 33. Dan Buccino - 27:14.1

PSAC Championships at Mansfield

Saturday, Nov. 8 • 8k
7th of 15/132 runners

- 39. Alec Lederer - 26:08.1
- 41. Anthony Ruiz - 26:16.2
- 48. Kyle Reese - 26:42.0
- 51. Brad Meixsell - 26:48.7
- 59. Jeremy Rapposelli - 27:05.2

NCAA Atlantic Regional at Slippery Rock

Saturday, Nov. 22 • 10k
10th of 22/133 runners

- 39. Alec Lederer - 34:28.9
- 41. Brad Meixsell - 34:33.2
- 47. Anthony Ruiz - 34:41.2
- 65. Kyle Reese - 35:35.6
- 85. Dan Buccino - 36:08.3
- 94. Zach Talbert - 36:42.8
- 97. Jeremy Rapposelli - 37:04.5

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 6 • 5k
1st of 11/113 runners

- 2. Chelsea Conover - 19:19.36
- 3. Allison Decker - 19:19.61
- 13. Samantha Young - 20:21.64
- 14. Melanie Riley - 20:26.00
- 19. Lauren Toth - 20:45.64

UMass-Dartmouth Invite

Saturday, Sept. 20 • 5k
1st of 38/272 runners

- 1. Allison Decker - 17:50.09
- 3. Chelsea Conover - 17:57.97
- 25. Samantha Young - 18:57.25
- 30. Lauren Toth - 19:03.68
- 34. Melanie Riley - 19:12.32

Paul Short Run at Lehigh

Saturday, Oct. 4 • 6k
29th of 40/360 runners

- 9. Allison Decker - 21:51
- 98. Chelsea Conover - 23:15
- 170. Jasmine Amro - 23:58
- 200. Lauren Toth - 24:20
- 215. Samantha Young - 24:35
- 232. Christine Belbey - 24:48
- 238. Lauren Monteith - 24:53

ECAC Meet at Mansfield

Sunday, Oct. 26 • 6k
5th of 9/109 runners

- 4. Allison Decker - 22:10.4
- 10. Chelsea Conover - 22:43.9
- 29. Jasmine Amro - 23:47.8
- 31. Samantha Young - 23:49.8
- 38. Lauren Toth - 23:57.4

PSAC Championships at Mansfield

Saturday, Nov. 8 • 6k
6th of 17/153 runners

- 2. Allison Decker - 21:24.6
- 6. Chelsea Conover - 21:53.5
- 59. Melanie Riley - 23:40.3
- 63. Samantha Young - 23:53.7
- 70. Lauren Toth - 24:02.5

NCAA Atlantic Regional at Slippery Rock

Saturday, Nov. 22 • 6k
11th of 25/162 runners

- 10. Allison Decker - 23:01.4
- 11. Chelsea Conover - 23:06.2
- 72. Lauren Monteith - 25:05.1
- 78. Melanie Riley - 25:13.4
- 80. Samantha Young - 25:17.6
- 84. Jasmine Amro - 25:28.6
- 90. Lauren Toth - 25:42.3

Men's Team

Years	W	L	T	Pct.
46th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th;
1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 -
2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York
City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-present)

Women's Team

Years	W	L	T	Pct.
34th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th
(at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84),
Pete Heesen (1985-86), Joe Koch (1987-present)

2013 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 7 • 5 miles
1st of 7/69 runners

1. Chris Schneider - 26:26.42
2. Steve Ruch - 26:37.21
5. Dan Davis - 27:31.05
12. Chris Ott - 28:07.41
13. Alex Zubko - 28:12.85

Kutztown DII Challenge

Saturday, Sept. 14 • 8k
5th of 13/176 finishers

12. Chris Schneider - 26:07.8
27. Steve Ruch - 26:34.2
28. Dan Davis - 26:34.5
32. Chris Ott - 26:44.9
56. Alex Zubko - 27:15.9

Don Cathcart Invitational at Salisbury, Md.

Saturday, Sept. 28 • 8k
1st of 12/131 finishers

1. Chris Schneider - 25:01.3
3. Steve Ruch - 25:21.5
8. Chris Ott - 25:39.8
11. Dan Davis - 26:11.8
15. Alex Zubko - 26:26.5

DeSales Invitational

Saturday, Oct. 12 • 5 miles
2nd of 20/276 finishers

2. Chris Schneider - 26:13
6. Steve Ruch - 26:34
10. Chris Ott - 26:55
16. Alex Zubko - 27:13
27. Dan Davis - 27:41

PSAC Championships at Kutztown

Saturday, Oct. 26 • 8k
6th of 14/125 finishers

15. Chris Schneider - 26:07.3
24. Steve Ruch - 26:21.8
33. Chris Ott - 26:42.0
34. Alex Zubko - 26:45.2
52. Anthony Ruiz - 27:23.6

Lock Haven River Run

Saturday, Nov. 2 • 8k
3rd of 5/48 finishers

20. Ryan Gormley - 26:56.4
23. Brad Meixsell - 27:15.7
27. Jacob Hinkley - 27:35.9
29. Mike Miller - 27:55.9
35. Taylor Piekos - 28:49.7

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 9 • 10k
7th of 19/137 finishers

28. Chris Schneider - 32:06.0
34. Steve Ruch - 32:23.5
36. Dan Davis - 32:24.4
51. Chris Ott - 32:45.4
56. Alex Zubko - 32:54.9
65. Anthony Ruiz - 33:11.8
78. Alec Lederer - 33:35.7

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 7 • 5k
1st of 11/117 runners

1. Kim Wernerspach - 19:05.81
5. Chelsea Conover - 20:04.85
6. Chelsea Morales - 20:11.58
7. Kim Lowry - 20:18.16
13. Chelsea Wootten - 20:46.65

Kutztown DII Challenge

Saturday, Sept. 14 • 6k
8th of 16/192 finishers

2. Kim Wernerspach - 22:32.7
32. Chelsea Conover - 23:49.4
65. Chelsea Wootten - 24:31.2
83. Kim Lowry - 24:57.7
104. Lauren Toth - 25:31.1

Don Cathcart Invitational at Salisbury, Md.

Saturday, Sept. 28 • 6k
1st of 14/125 finishers

1. Kim Wernerspach - 21:55.9
4. Chelsea Conover - 22:30.6
6. Chelsea Wootten - 22:50.9
10. Kim Lowry - 23:09.9
16. Abby Ross - 23:40.6

DeSales Invitational

Saturday, Oct. 12 • 4 miles
3rd of 22/248 finishers

3. Kim Wernerspach - 23:50
9. Chelsea Conover - 24:11
26. Chelsea Wootten - 25:08
33. Brittany Callahan - 25:18
49. Lauren Toth - 25:48

PSAC Championships at Kutztown

Saturday, Oct. 26 • 6k
11th of 17/160 finishers

8. Kim Wernerspach - 22:31.2
37. Chelsea Conover - 23:41.3
68. Chelsea Wootten - 24:31.7
73. Abby Ross - 24:41.1
87. Kim Lowry - 25:01.2

Lock Haven River Run

Saturday, Nov. 2 • 6k
3rd of 5/43 finishers

8. Kim Wernerspach - 23:34.9
15. Stephanie Soni - 24:27.4
16. Lauren Monteith - 24:27.6
19. Bridget Arrow - 24:56.7
20. Katie Thomas - 25:04.5

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 9 • 6k
11th of 22/162 finishers

6. Kim Wernerspach - 21:03.5
34. Chelsea Conover - 22:02.7
79. Chelsea Wootten - 22:56.1
83. Brittany Callahan - 23:10.1
85. Abby Ross - 23:11.6
94. Kim Lowry - 23:31.2
123. Lauren Toth - 24:38.8

NCAA DII Championships at Spokane, Wash.

Saturday, Nov. 23 • 6k
244 runners

74. Kim Wernerspach - 22:24.5

Men's Team

Years	W	L	T	Pct.
45th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th;
1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 -
2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York
City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-present)

Women's Team

Years	W	L	T	Pct.
33rd season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th
(at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84),
Pete Heesen (1985-86), Joe Koch (1987-present)

2012 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 8 • 8k
1st of 13/119 runners

1. Frank Feza - 26:48.53
2. Amr Aldeen - 27:11.76
3. Chris Schneider - 27:21.96
4. Mike Saparito - 27:38.07
15. Chris Ott - 28:21.51

Kutztown Division II Challenge

Saturday, Sept. 15 • 8k
2nd of 6/73 runners

2. Frank Fezza - 26:03
6. Chris Schneider - 26:35
8. Amr Aldeen - 26:41
13. Jim Romano - 27:07
17. Chris Ott - 27:12

Paul Short Run at Lehigh

Friday, Sept. 28 • 8k
4th of 33/283 runners

1. Frank Fezza - 25:03
36. Chris Schneider - 26:11
41. Jim Romano - 26:17
46. Amr Aldeen - 26:21
62. Mike Pereira - 26:29

Hamilton (NY) Invitational

Saturday, Oct. 6 • 8k
1st of 14/133 runners

2. Chris Schneider - 26:29.9
3. Amr Aldeen - 26:33.0
5. Mike Pereira - 26:40.6
8. Frank Fezza - 26:45.7
9. Chris Ott - 26:49.0

PSAC Championships at Slippery Rock

Saturday, Oct. 20 • 8k
2nd of 13/114 runners

2. Frank Fezza - 25:19.3
7. Chris Schneider - 25:58.1
8. Mike Pereira - 26:06.3
13. Amr Aldeen - 26:16.6
31. Jim Romano - 26:42.4

Lock Haven River Run

Saturday, Oct. 27 • 8k
2nd of 4/38 runners

13. Alex Zubko - 27:03.5
15. Shane Bissonnette - 27:15.9
24. Ryan Gormley - 29:03.0
25. Mike Miller - 29:11.3
29. Kory Rolek - 29:33.6

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 3 • 10k
t-2nd of 20/153 runners

2. Frank Fezza - 30:53.4
16. Chris Schneider - 31:56.2
19. Mike Pereira - 32:00.3
26. Amr Aldeen - 32:09.6
32. Jim Romano - 32:20.8
46. Chris Ott - 32:51.6
72. Steve Ruch - 33:44.2

NCAA Championships at Missouri Southern

Saturday, Nov. 17 • 10k
25th of 32/245 runners

21. Frank Fezza - 30:08.2
117. Jim Romano - 31:40.9
163. Amr Aldeen - 32:11.7
181. Chris Schneider - 32:31.6
212. Steve Ruch - 33:06.8
221. Chris Ott - 33:17.8

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 8 • 5k
2nd of 12/136 runners

2. Corinne Fitzgerald - 19:31.38
3. Rose Mascoli - 19:37.89
8. Kim Wernerspach - 20:16.09
33. Melanie Riley - 21:36.49
42. Chelsea Conover - 21:47.54

Kutztown Division II Challenge

Saturday, Sept. 8 • 6k
3rd of 7/92 runners

3. Corinne Fitzgerald - 23:15
4. Rose Mascoli - 23:16
12. Kim Wernerspach - 23:58
24. Kim Lowry - 24:57
31. Chelsea Conover - 25:19

Paul Short Run at Lehigh

Friday, Sept. 28 • 6k
11th of 39/342 runners

5. Corinne Fitzgerald - 22:09
6. Rose Mascoli - 22:14
54. Kim Wernerspach - 23:17
160. Kim Lowry - 24:26
168. Chelsea Conover - 24:32

Hamilton (NY) Invitational

Saturday, Oct. 6 • 5k
2nd of 11/135 runners

1. Corinne Fitzgerald - 18:19.8
2. Rose Mascoli - 18:26.8
5. Kim Wernerspach - 18:49.0
11. Kim Lowry - 19:24.4
23. Abby Ross - 19:44.9

PSAC Championships at Slippery Rock

Saturday, Oct. 20 • 6k
7th of 15/138 runners

3. Corinne Fitzgerald - 22:23.8
15. Kim Wernerspach - 23:02.7
19. Rose Mascoli - 23:20.4
64. Abby Ross - 24:55.5
79. Kim Lowry - 25:19.4

Lock Haven River Run

Saturday, Oct. 27 • 6k
3rd of 4/42 runners

15. Lauren Monteith - 24:45.1
17. Emily Haws - 24:58.1
19. Katie Thomas - 25:24.5
20. Brittany Callahan - 25:36.0
23. Stephanie Soni - 25:45.5

NCAA Atlantic Regional at Lock Haven

Saturday, Nov. 3 • 6k
9th of 24/171 runners

7. Corinne Fitzgerald - 21:28.4
26. Rose Mascoli - 22:06.8
33. Kim Wernerspach - 22:15.8
83. Abby Ross - 23:37.0
85. Kim Lowry - 23:41.5
108. Chelsea Conover - 24:16.3
114. Cassandra Lacorazza - 24:24.0

Men's Team

Years	W	L	T	Pct.
44th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th; 1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-present)

Women's Team

Years	W	L	T	Pct.
32nd season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th (at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84), Pete Heesen (1985-86), Joe Koch (1987-present)

2011 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 10 • 8k
1st of 15/155 runners

6. Amr Aldeen – 25:26.21
8. Jim Romano – 25:29.66
11. Mike Pereira – 25:50.24
12. Greg Laraia – 25:52.11
15. Chris Schneider – 26:00.96

Monmouth Invitational

Saturday, Sept. 17 • 5 miles
1st of 14/143 runners

5. Greg Laraia – 26:44.7
8. Jim Romano – 27:00.3
14. Mike Pereira – 27:09.1
16. Jared Wilson – 27:11.6
20. Chris Schneider – 27:33.3

Don Cathcart Invite at Salisbury, Md.

Saturday, Oct. 1 • 8k
2nd of 13/162 runners

5. Greg Laraia – 25:05
9. Mike Pereira – 25:14
11. Amr Aldeen – 25:16
13. Frank Fezza – 25:21
14. Jim Romano – 25:21

Slippery Rock Invitational

Saturday, Oct. 8 • 8k
1st of 12/141 runners

2. Greg Laraia – 26:19.6
4. Chris Schneider – 26:29.8
5. Amr Aldeen – 26:37.2
8. Frank Fezza – 26:49.7
9. Jim Romano – 26:49.7

PSAC Championships at Lock Haven

Saturday, Oct. 22 • 8k
4th of 14/133 runners

12. Frank Fezza – 25:18.4
13. Mike Pereira – 25:22.9
19. Greg Laraia – 25:34.2
22. Amr Aldeen – 25:40.0
23. Chris Schneider – 25:41.1

NCAA Atlantic Regional at Slippery Rock

Saturday, Nov. 5 • 10k
4th of 25/173 runners

14. Chris Schneider – 32:57
18. Frank Fezza – 33:08
22. Mike Pereira – 33:20
25. Greg Laraia – 33:24
31. Jim Romano – 33:40
48. Jared Wilson – 34:28
51. Amr Aldeen – 34:37

All-PSAC - Top 20
All-Region - Top 25

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 10 • 5k
2nd of 12/148 runners

1. Rose Mascoli – 18:28.93
4. Corinne Fitzgerald – 19:00.97
9. Kim Wernerspach – 20:09.92
16. Bridget McCarron – 20:39.43
25. Kelsy Rushing – 21:23.88

Monmouth Invitational

Saturday, Sept. 17 • 5k
5th of 11/157 runners

1. Rose Mascoli – 18:12.1
6. Corinne Fitzgerald – 18:41.8
33. Kim Wernerspach – 19:49.3
47. Bridget McCarron – 20:13.2
51. Kim Lowry – 20:21.2

Don Cathcart Invite at Salisbury, Md.

Saturday, Oct. 1 • 5920m
1st of 16/144 runners

1. Rose Mascoli – 21:06
4. Corinne Fitzgerald – 21:50
6. Kim Wernerspach – 22:18
8. Bridget McCarron – 22:40
11. Kim Lowry – 22:48

Slippery Rock Invitational

Saturday, Oct. 8 • 6k
1st of 13/160 runners

1. Rose Mascoli – 21:59.1
2. Corinne Fitzgerald – 22:14.8
10. Kim Wernerspach – 23:33.0
18. Kim Lowry – 24:06.8
21. Bridget McCarron – 24:21.6

PSAC Championships at Lock Haven

Saturday, Oct. 22 • 6k
7th of 16/152 runners

5. Rose Mascoli – 21:11.1
6. Corinne Fitzgerald – 21:21.8
19. Kim Wernerspach – 22:09.8
74. Kim Lowry – 23:33.5
86. Cassandra Lacorazza – 23:49.8

NCAA Atlantic Regional at Slippery Rock

Saturday, Nov. 5 • 6k
7th of 23/169 runners

5. Corinne Fitzgerald – 22:07
8. Rose Mascoli – 22:28
34. Kim Wernerspach – 23:45
67. Kim Lowry – 24:37
69. Kelsy Rushing – 24:42
102. Chelsea Wootten – 25:39
118. Bridget McCarron – 26:32

All-PSAC - Top 20
All-Region - Top 25

NCAA DII Championships at Spokane, Washington

Saturday, Nov. 19 • 6k
186 runners

80. Corinne Fitzgerald – 23:19.2

2010 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 11 • 8k
5th of 13/136 runners

3. Greg Laraia – 26:25.93
20. Amr Aldeen – 27:08.86
36. Jim Romano – 27:59.00
43. Jared Wilson – 27:59.88
52. Tom Zarnoch – 28:18.11

Monmouth Invitational

Saturday, Sept. 18 • 5 miles
1st of 6/107 runners

8. Greg Laraia – 26:54.9
10. Amr Aldeen – 27:01.8
29. Jared Wilson – 27:43.3
34. Chris Zadroga – 28:08.2
47. James Ward – 28:20.7

Don Cathcart Invite at Salisbury, Md.

Saturday, Oct. 2 • 8k
1st of 15/183 Runners

3. Greg Laraia – 25:19
7. Amr Aldeen – 25:35
12. Mike Pereira – 25:56
15. Jim Romano – 26:10
20. Sam Janssen – 26:25

Lafayette Invitational

Saturday, Oct. 16 • 8k
3rd of 9/110 runners

8. Amr Aldeen – 26:24.0
14. Greg Laraia – 26:30.8
21. Mike Pereira – 26:54.6
27. Chris Zadroga – 27:04.2
35. Frank Fezza – 27:18.0

Nevins Invitational at ESU

Saturday, Oct. 23 • 5k
1st of 10/106 runners

3. Amr Aldeen – 15:24.8
8. Greg Laraia – 15:42.8
10. Jared Wilson – 15:48.3
11. Mike Pereira – 15:50.1
12. Chris Zadroga – 15:50.7

PSAC Championships at California, Pa.

Saturday, Nov. 6 • 8k
5th of 14/133 runners

17. Greg Laraia – 26:54
25. Mike Pereira – 27:32
27. Amr Aldeen – 27:34
43. Chris Zadroga – 28:05
55. Jim Romano – 28:27

NCAA Atlantic Regional at Cary, N.C.

Saturday, Nov. 20 • 10k
5th of 28/187 runners

32. Greg Laraia – 33:25.3
35. Amr Aldeen – 33:40.6
41. Mike Pereira – 33:51.9
43. Chris Zadroga – 33:58.3
50. Jim Romano – 34:02.8
67. Jared Wilson – 34:47.8
80. Justin Kimbrough – 35:15.3

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 11 • 5k
6th of 18/165 runners

4. Rose Mascoli – 18:32.13
23. Corinne Fitzgerald – 19:52.68
49. Kim Lowry – 20:48.45
51. Cassandra Lacorazza – 20:52.23
54. Kim Wernerspach – 21:04.65

Monmouth Invitational

Saturday, Sept. 18 • 5k
2nd of 6/113 runners

5. Rose Mascoli – 18:49.6
13. Corinne Fitzgerald – 19:37.0
27. Jonna Trexler – 20:25.0
30. Kim Lowry – 20:29.7
33. Cassandra Lacorazza – 20:36.3

Don Cathcart Invite at Salisbury, Md.

Saturday, Oct. 2 • 5920m
1st of 18/175 Runners

1. Rose Mascoli – 21:36
2. Corinne Fitzgerald – 22:07
14. Jonna Trexler – 22:41
16. Kim Lowry – 22:52
22. Cassandra Lacorazza – 23:04

Lafayette Invitational

Saturday, Oct. 16 • 6k
3rd of 8/78 runners

2. Rose Mascoli – 21:16.3
5. Corinne Fitzgerald – 22:00.6
16. Jonna Trexler – 23:03.2
27. Kim Lowry – 23:33.4
28. Kim Wernerspach – 23:33.8

Nevins Invitational at ESU

Saturday, Oct. 23 • 5k
1st of 7/79 runners

1. Rose Mascoli – 18:22.4
2. Jonna Trexler – 19:14.1
3. Bridget McCarron – 19:30.2
4. Kim Lowry – 19:31.6
8. Cassandra Lacorazza – 19:46.7

PSAC Championships at California, Pa.

Saturday, Nov. 6 • 6k
6th of 15/146 runners

12. Rose Mascoli – 23:01
20. Corinne Fitzgerald – 23:32
40. Jonna Trexler – 24:23
41. Kim Wernerspach – 24:24
57. Bridget McCarron – 24:49

NCAA Atlantic Regional at Cary, N.C.

Saturday, Nov. 20 • 6k
6th of 26/179 runners

4. Rose Mascoli – 21:54.3
23. Corinne Fitzgerald – 23:38.3
50. Jonna Trexler – 24:24.7
60. Bridget McCarron – 24:36.5
62. Kim Wernerspach – 24:38.9
75. Kim Lowry – 24:55.6
78. Cassandra Lacorazza – 25:01.3

NCAA DII Championships at Louisville, Kent.

Saturday, Dec. 4 • 6k
187 runners

24. Rose Mascoli – 21:52.8
(All-American)

2009 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 12 • 8k
2nd of 16/173 runners

- 10. Frank Fezza - 27:37.37
- 12. Greg Laraia - 27:41.12
- 17. Michael Pereira - 27: 51.01
- 18. Amr Aldeen - 27:51.23
- 32. Chris Zadroga - 28:15.02

Mountaineer Invitational

Saturday, Sept. 19 • 6k
2nd of 5/49 runners

- 6. Michael Pereira - 19:10.3
- 7. Greg Laraia - 19:10.6
- 9. Chris Zadroga - 19:15.8
- 13. Kyle Weir - 19:29.9
- 15. James Romano - 19:31.6

Don Cathcart Invitational

Saturday, Sept. 16 • 8k
1st of 11/107 runners

- 1. Frank Fezza - 25:34
- 2. Greg Laraia - 25:40
- 4. Chris Zadroga - 25:57
- 6. Amr Aldeen - 26:00
- 8. Kyle Weir - 26:02

Penn State National Meet at Lock Haven

Friday, Oct. 16 • 8k
9th of 13/124 runners

- 34. Frank Fezza - 26:05
- 48. Mike Pereira - 26:24
- 58. Greg Laraia - 26:37
- 79. Amr Aldeen - 26:58
- 84. Jim Romano - 27:12
- 97. Chris Zadroga - 27:44
- 100. Jared Wilson - 27:49

Nevins Invite at ESU

Saturday, Oct. 24 • 5k
2nd of 11/118 runners

- 4. Jim Romano - 16:56
- 8. Tom Zarnoch - 17:02
- 17. Jared Wilson - 17:16
- 19. Mike Saparito - 17:19
- 20. Dan Bowden - 17:27
- 22. Jeff Buck - 17:29
- 47. Kevin Tran - 18:35

PSAC Championships at Edinboro

Saturday, Oct. 31 • 8k
4th of 15/123 runners

- 12. Frank Fezza - 26:56.7
- 21. Greg Laraia - 27:17.6
- 30. Kyle Weir - 27:43.5
- 31. Michael Pereira - 27:43.5
- 33. Pat Carr - 27:52.5

NCAA Regionals at Mansfield

Saturday, Nov. 7 • 10k
4th of 21/141 runners

- 15. Frank Fezza - 32:14
- 22. Greg Laraia - 32:35
- 24. Mike Pereira - 32:42
- 28. Amr Aldeen - 32:55
- 29. Kyle Weir - 32:59
- 51. Chris Zadroga - 34:07
- 85. Pat Carr - 35:17

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 12 • 5k
19th of 18/181 runners

- 22. Rose Mascoli - 19:15.00
- 32. Jonna Trexler - 19:39.94
- 42. Niki Pasquarella - 19:54.52
- 79. Cassandra Lacorazza - 21:00.62
- 107. Allie Galvin - 21:56.24

Mountaineer Invitational

Saturday, Sept. 19 • 4k
1st of 6/55 runners

- 3. Rose Mascoli - 14:15.3
- 5. Niki Pasquarella - 14:29.8
- 6. Jonna Trexler - 14:30.3
- 7. Corinne Fitzgerald - 14:34.0
- 15. Bridget McCarron - 15:57.2

Don Cathcart Invitational

Saturday, Sept. 16 • 6k
2nd of 12/108 runners

- 2. Rose Mascoli - 22:22
- 5. Corinne Fitzgerald - 22:30
- 7. Niki Pasquarella - 22:38
- 9. Jonna Trexler - 22:51
- 43. Jenna Fisher - 25:11

Penn State National Meet at Lock Haven

Friday, Oct. 16. • 5k
17th of 18/202 runners

- 106. Rose Mascoli - 23:15
- 114. Niki Pasquarella - 23:23
- 188. Bridget McCarron - 26:00
- 190. Emily Haws - 26:18
- 192. Jenna Fisher - 26:42
- 193. Cassandra Lacorazza - 26:43
- 195. Kate Levinson - 27:03

Nevins Invite at ESU

Saturday, Oct. 24 • 5k
1st of 15/90 runners

- 2. Jonna Trexler - 19:54
- 3. Corinne Fitzgerald - 20:03
- 18. Cassandra Lacorazza - 21:31
- 21. Ally Galvin - 21:45
- 34. Jenna Fisher - 22:20
- 40. Sarah Laird - 22:47
- 42. Lisa Lower - 23:04

PSAC Championships at Edinboro

Saturday, Oct. 31 • 5k
12th of 16/140 runners

- 34. Rose Mascoli - 24:23.5
- 39. Jonna Trexler - 24:28.6
- 48. Niki Pasquarella - 24:45.6
- 56. Corinne Fitzgerald - 25:01.2
- 104. Bridget McCarron - 26:51.4

NCAA Regionals at Mansfield

Saturday, Nov. 7 • 6k
12th of 22/150 runners

- 40. Corinne Fitzgerald - 23:09
- 42. Rose Mascoli - 23:14
- 43. Niki Pasquarella - 23:15
- 96. Jonna Trexler - 24:49
- 111. Allison Galvin - 25:26
- 128. Emily Haws - 26:30
- 135. Bridget McCarron - 27:06

2008 RESULTS

MEN'S RESULTS

Fordham Invite

Saturday, Sept. 6 • 8k
10th of 16/176 runners

27. Greg Laraia - 28:03.6
41. Pat Carr - 28:31.7
69. Kyle Weir - 29:12.7
77. Sean Norberg - 29:17.8
94. Evan Daney - 30:00.9

Lock Haven Invitational

Saturday, Sept. 13 • 8k
2nd of 6/73 runners

6. Doug Jankowski - 26:49.7
8. Greg Laria - 26:54.9
13. Pat Carr - 27:15.9
15. Sean Norberg - 27:28.1
7. Kyle Weir - 27:41.4

Don Cathcart Invitational

Saturday, Sept. 27 • 8k
1st of 13/133 runners

3. Doug Jankowski - 26:22
5. Greg Laraia - 26:38
11. Chris Zadroga - 26:56
14. Dan Bowden - 27:05
15. Kyle Weir - 27:08

Slippery Rock Invitational

Saturday, Oct. 4 • 8k
8th of 22/237 runners

27. Doug Jankowski - 26:40
34. Greg Laraia - 26:46
38. Ryan Doyle - 26:56
41. Kyle Weir - 27:08
48. Chris Zadroga - 27:21

Leopard Invitational

Saturday, Oct. 18 • 8k
4th of 10/104 runners

13. Ryan Doyle - 26:20.8
15. Pat Carr - 26:22.6
33. Doug Jankowski - 27:03.3
35. Chris Zadroga - 27:07.8
36. Greg Laraia - 27:10.7

Nevins Invite at ESU

Saturday, October 25 • 5k
1st of 8/76 runners

3. Sean Norberg - 16:29
4. Chris Zadroga - 16:32
6. Sam Janssen - 16:45
11. Jeff Buck - 17:01
t-12. Evan Daney - 17:09
t-12. Tom Zarnoch - 17:09

PSAC Championships at Lock Haven

Saturday, Nov. 1 • 8k
6th of 15/127 runners

22. Ryan Doyle - 25:49
27. Chris Zadroga - 25:56
33. Kyle Weir - 26:06
44. Greg Laraia - 26:23
50. Pat Carr - 26:37

NCAA Regionals at Slippery Rock

Saturday, Nov. 8 • 10k
8th of 25/165 runners

38. Doug Jankowski - 33:51
41. Pat Carr - 34:02
44. Ryan Doyle - 34:13
46. Greg Laraia - 34:16
52. Chris Zadroga - 34:30

WOMEN'S RESULTS

Fordham Invite

Saturday, Sept. 6 • 5k
13th of 20/233 runners

35. Niki Pasquarella - 20:08.97
47. Jonna Trexler - 20:32.67
120. Amanda Bradbury - 21:51.42
127. Amy Moratz - 22:04.84
150. Leanne Pelak - 22:38.01

Lock Haven Invitational

Saturday, Sept. 13 • 6k
4th of 6/64 runners

6. Niki Pasquarella - 23:15.6
16. Amy Moratz - 23:35.5
28. Brooke Dunphy - 25:43.2
30. Kristine Goemaat - 25:55.8
31. Leanne Pelak - 26:02

Don Cathcart Invitational

Saturday, Sept. 27 • 6k
5th of 15/136 runners

5. Niki Pasquarella - 22:34
22. Amy Moratz - 23:50
28. Rachel Ostroski - 24:08
47. Amanda Bradbury - 24:52
57. Brooke Dunphy - 25:22

Slippery Rock Invitational

Saturday, Oct. 4 • 6k
17th of 29/292 runners

30. Niki Pasquarella - 23:36
77. Rachel Ostroski - 24:57
100. Amy Moratz - 25:33
133. Kristine Goemaat - 26:22
153. Leanne Pelak - 27:16

Leopard Invitational

Saturday, Oct. 18 • 8k
8th of 8/71 runners

8. Niki Pasquarella - 22:08.7
31. Rachel Ostroski - 23:47.1
50. Amanda Bradbury - 24:58.4
52. Bree Kelly - 25:09.4
55. Jenna Fisher - 25:18.3

Nevins Invite at ESU

Saturday, Oct. 25 • 5k
1st of 8/56 runners

2. Rachel Ostroski - 20:23
5. Jonna Trexler - 20:43
7. Amy Moratz - 20:53
8. Amanda Bradbury - 21:04
12. Kathleen Magerr - 21:21

PSAC Championships at Lock Haven

Saturday, Nov. 1 • 6k
14th of 16/138 runners

31. Niki Pasquarella - 22:45
62. Amy Moratz - 24:07
68. Jonna Trexler - 24:20
87. Amanda Bradbury - 25:04
89. Brooke Dunphy - 25:16

NCAA Regionals at Slippery Rock

Saturday, Nov. 8 • 6k
17th of 25/172 runners

48. Niki Pasquarella - 23:57
90. Jonna Trexler - 25:40
92. Brooke Dunphy - 25:45
112. Kristine Goemaat - 26:19
113. Amanda Bradbury - 26:23

2007 RESULTS

MEN'S RESULTS

Lehigh Valley Invite

Friday, Sept. 7 • 8k
3rd of 6/63 runners

3. Iuri Pinto - 26:43
14. Matt Frable - 27:48
21. Mitch Slater - 28:14
25. Chris Zadroga - 28:21
33. Matt Cook - 28:48

NYU Invitational

Saturday, Sept. 15 • 5 miles
6th of 23/238 runners

4. Iuri Pinto - 26:04
28. Ryan Doyle - 27:35
34. Chris Zadroga - 27:44
58. James Norley - 28:21
73. Dan Bowden - 28:33

Don Cathcart Invitational

Saturday, Sept. 29 • 8k
3rd of 13/131 runners

2. Iuri Pinto - 25:08
15. Doug Weeks - 26:14
22. Chris Zadroga - 26:33
23. Ryan Doyle - 26:34
35. Matt Cook - 27:03

Lafayette Invitational

Saturday, Oct. 13 • 8k
7th of 12/141 runners

9. Iuri Pinto - 25:48
30. Ryan Doyle - 27:00
49. Chris Zadroga - 27:24
64. Matt Cook - 27:40
81. Evan Daney - 28:24

Nevins Invite at ESU

Saturday, October 20 • 5k
1st of 6/65 runners

5. Doug Weeks - 16:59
8. Jim Norley - 17:07
9. Dan Bowden - 17:11
10. Evan Daney - 17:14
11. Mitch Slater - 17:14

PSAC Championships at Kutztown

Saturday, Oct. 27 • 8k
6th of 12/107 runners

9. Iuri Pinto - 26:39
34. Chris Zadroga - 27:55
37. Ryan Doyle - 27:58
51. Matt Cook - 28:31
72. Matt Frable - 29:00
74. Evan Daney - 29:02
82. Doug Weeks - 29:14
96. Dan Bowden - 30:23
100. Jim Norley - 30:42

NCAA Regionals at Lock Haven

Saturday, Nov. 3 • 10k
9th of 24/172 runners

18. Iuri Pinto - 32:07
39. Ryan Doyle - 33:00
63. Chris Zadroga - 33:43
67. Matt Cook - 33:49
89. Evan Daney - 34:37
97. Doug Weeks - 34:55
104. Matt Frable - 35:13

WOMEN'S RESULTS

Lehigh Valley Invite

Friday, Sept. 7 • 5k
4th of 6/53 runners

16. Niki Pasquarella - 24:43
18. Lori Johanson - 24:51
20. Amber Horn - 25:06
30. Amy Moratz - 25:48
34. Kristine Goemaat - 26:12

NYU Invitational

Saturday, Sept. 15 • 5k
4th of 22/209 runners

7. Niki Pasquarella - 19:58
17. Amber Horn - 20:36
21. Amanda Bradbury - 20:41
30. Lori Johanson - 21:02
40. Clarissa Cooblall - 21:21

Don Cathcart Invitational

Saturday, Sept. 29 • 6k
2nd of 12/105 runners

5. Niki Pasquarella - 22:20
12. Lori Johanson - 22:56
13. Amber Horn - 22:57
19. Amanda Bradbury - 23:24
31. Clarissa Cooblall - 24:06

Lafayette Invitational

Saturday, Oct. 13 • 6k
9th of 11/122 runners

40. Niki Pasquarella - 22:27
52. Amanda Bradbury - 22:49
66. Amber Horn - 23:10
72. Clarissa Cooblall - 23:15
80. Rachel Ostroski - 23:24

Nevins Invite at ESU

Saturday, Oct. 20 • 5k
1st of 6/51 runners

1. Amber Horn - 19:46
2. Lori Johanson - 20:03
4. Rachel Ostroski - 20:36
5. Clarissa Cooblall - 20:45
11. Leanne Pelak - 21:21

PSAC Championships at Kutztown

Saturday, Oct. 27 • 6k
9th of 14/115 runners

27. Amanda Bradbury - 25:27
32. Niki Pasquarella - 25:37
45. Rachel Ostroski - 25:59
51. Lori Johanson - 26:09
55. Amber Horn - 26:14
71. Amy Moratz - 26:46
72. Clarissa Cooblall - 26:47
81. Kathleen Magerr - 27:18
82. Kristine Goemaat - 27:19

NCAA Regionals at Lock Haven

Saturday, Nov. 3 • 6k
9th of 24/176 runners

40. Niki Pasquarella - 23:05
46. Amanda Bradbury - 23:18
49. Lori Johanson - 23:22
50. Amber Horn - 23:22
65. Clarissa Cooblall - 23:37
81. Amy Moratz - 24:02
111. Rachel Ostroski - 25:05

2006 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 9 • 8k
4th of 19/180 runners

- 14. Iuri Pinto (26:54)
- 25. Matt Collins (27:21)
- 30. Jon Douglas (27:29)
- 45. Jon Holland (27:54)
- 56. Drew Nesbitt (28:23)

Spiked Shoe Invitational at Penn State

Saturday, Sept. 23 • 8k
10th of 24/295 runners

- 40. Drew Nesbitt (27:06)
- 50. Iuri Pinto (27:22)
- 68. Jon Douglas (27:49)
- 69. Matt Collins (27:50)
- 85. Jon Holland (28:02)

Tidewater Fall Classic

Saturday, Sept. 30 • 8k
1st of 12/111 runners

- 2. Iuri Pinto (25:31)
- 3. Drew Nesbitt (25:33)
- 4. Matt Collins (25:38)
- 7. Jon Douglas (25:43)
- 16. Jon Holland (26:22)

Plansky Invite at Williams

Saturday, Oct. 14 • 6k
2nd of 10/133 runners

- 3. Iuri Pinto (19:17)
- 6. Drew Nesbitt (19:21)
- 19. Matt Collins (19:41)
- 26. Jon Douglas (19:50)
- 29. Ryan Doyle (19:54)

Nevins Invite at ESU

Saturday, October 21 • 5k
2nd of 10/85 runners

- 3. Jon Douglas (16:25)
- 11. Matt Frable (16:51)
- 17. Frank Adragna (17:14)
- 19. Kyle Weir (17:17)
- 20. Jeff Buzin (17:18)
- 22. Drew Sepielli (17:22)
- 23. Mitch Slater (17:23)

PSAC Championships at Bloomsburg

Saturday, Sept. 28 • 8k
6th of 14/107 runners

- 8. Iuri Pinto (26:47)
- 26. Jon Douglas (27:32)
- 36. Pat Carr (27:48)
- 37. Ryan Doyle (27:50)
- 44. Matt Collins (28:07)
- 51. Drew Nesbitt (28:17)
- 53. Kyle Layton (28:18)
- 54. Jon Holland (28:20)
- 63. Anthony Femia (28:41)

NCAA Regionals at Slippery Rock

Saturday, Nov. 4 • 10k
4th of 30/181 runners

- 10. Iuri Pinto (33:21)
- 22. Jon Douglas (34:08)
- 40. Matt Collins (34:53)
- 43. Drew Nesbitt (34:58)
- 52. Ryan Doyle (35:09)
- 54. Pat Carr (35:12)
- 58. Jon Holland (28:32)

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 9 • 5k
8th of 18/159 runners

- 29. Jess Chong (20:30)
- 32. Lori Johanson (20:36)
- 64. Amanda Bradbury (21:44)
- 65. Tiff Sauber (21:45)
- 71. Cari Anne Gerbino (21:55)

Spiked Shoe Invitational at Penn State

Saturday, Sept. 23 • 6k
20th of 25/314 runners

- 78. Jess Chong (23:57)
- 97. Lori Johanson (24:26)
- 111. Tiff Sauber (24:55)
- 115. Amanda Bradbury (25:06)
- 127. Cari Anne Gerbino (25:23)

Tidewater Fall Classic

Saturday, Sept. 30 • 6k
4th of 14/128 runners

- 8. Lori Johanson (22:48)
- 9. Jess Chong (22:49)
- 21. Tiff Sauber (23:42)
- 22. Cari Anne Gerbino (23:47)
- 25. Amber Horn (23:54)

Plansky Invite at Williams

Saturday, Oct. 14 • 5k
4th of 6/83 runners

- 15. Lori Johanson (20:04)
- 26. Cari Anne Gerbino (20:32)
- 28. Tiff Sauber (20:39)
- 30. Amber Horn (20:50)
- 34. Jess Chong (21:07)

Nevins Invite at ESU

Saturday, Oct. 21 • 5k
2nd of 9/84 runners

- 2. Lori Johanson (19:59)
- 5. Jess Chong (20:18)
- 8. Amber Horn (20:31)
- 13. Cari Anne Gerbino (20:47)
- 18. Bree Kelly (21:06)

PSAC Championships at Bloomsburg

Saturday, Oct. 28 • 6k
t-9th of 14/106 runners

- 24. Lori Johanson (24:31)
- 42. Jess Chong (25:39)
- 50. Tiff Sauber (25:52)
- 56. Amanda Bradbury (26:20)
- 64. Rachel Ostroski (26:36)
- 69. Katie Chawner (26:51)
- 73. Cari Anne Gerbino (27:03)
- 92. Bree Kelly (28:57)
- 96. Amber Horn (29:46)

NCAA Regionals at Slippery Rock

Saturday, Nov. 4 • 6k
10th of 29/189 runners

- 31. Lori Johanson (24:40)
- 48. Jess Chong (25:14)
- 57. Amanda Bradbury (25:26)
- 63. Tiff Sauber (25:40)
- 73. Cari Anne Gerbino (26:00)
- 101. Niki Pasquarella (26:56)
- 117. Rachel Ostroski (27:30)

2005 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 10 • 8k
8th of 17/153 runners

25. Iuri Pinto - 26:38
28. Matt Collins - 26:41
72. Pat Carr - 28:23
75. Matt Frable - 28:32
79. James Coomber - 28:44

George Washington Invitational

Saturday, Sept. 24 • 8k
5th of 12/141 runners

3. Iuri Pinto - 25:59
4. Matt Collins - 26:02
35. James Coomber - 27:18
54. Jon Holland - 27:33
58. Anthony Della Pelle - 27:40

Tidewater Fall Classic

Saturday, Oct. 1 • 8k
2nd of 9/82 runners

2. Iuri Pinto - 25:17
11. Matt Collins - 26:11
17. James Coomber - 26:29
20. Jon Holland - 27:03
21. Anthony Della Pelle - 27:03

DeSales Invite

Saturday, Oct. 15 • 8k
2nd of 23/233 runners

1. Iuri Pinto - 27:06
2. Matt Collins - 27:14
18. Jeff Buck - 28:25
32. Jon Holland - 28:52
35. James Coomber - 28:57

Nevins Invite at ESU

Saturday, October 22 • 5k
1st of 6/65 runners

4. Patt Carr - 17:29
6. Drew Nesbitt - 17:43
11. James Coomber - 17:53
13. Anthony Femia - 17:57
14. Matt Frable - 17:59

PSAC Championships at Slippery Rock

Saturday, Oct. 29 • 8k
8th of 14/109 runners

16. Iuri Pinto - 26:11
29. Matt Collins - 26:40
50. James Coomber - 27:29
58. Jon Holland - 27:44
63. Drew Nesbitt - 27:54
66. Pete Miller - 28:05
68. Pat Carr - 28:06
80. Anthony Della Pelle - 28:26
89. Matt Frable - 28:57

NCAA Regionals at Lock Haven

Saturday, Nov. 5 • 10k
6th of 29/174 runners

21. Iuri Pinto - 32:32
22. Matt Collins - 32:33
37. Drew Nesbitt - 33:23
63. James Coomber - 34:14
66. Jon Holland - 34:18
74. Pat Carr - 34:41
102. Anthony Della Pelle - 35:55

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 10 • 5k
11th of 19/210 runners

32. Vanessa Andes - 19:15
87. Jess Chong - 20:41
92. Jackie Young - 20:46
98. Krista DiRiancho - 20:53
117. Lori Johanson - 21:28

George Washington Invitational

Saturday, Sept. 24 • 6k
6th of 12/117 runners

4. Vanessa Andes - 22:47
35. Jess Chong - 24:43
45. Amber Horn - 25:04
51. Kelly Brennan - 25:14
53. Lori Johanson - 25:20

Tidewater Fall Classic

Saturday, Oct. 1 • 6k
2nd of 8/94 runners

2. Vanessa Andes - 21:39
8. Jackie Young - 23:01
10. Jess Chong - 23:06
17. Kelly Brennan - 23:32
18. Amber Horn - 23:59

DeSales Invite

Saturday, Oct. 15 • 6k
4th of 23/245 runners

17. Jess Chong - 26:29
24. Kelly Brenan - 26:45
26. Lori Johanson - 26:51
28. Jackie Young - 26:57
38. Chrissy Greer - 27:11

Nevins Invite at ESU

Saturday, Oct. 22 • 5k
1st of 4/57 runners

1. Vanessa Andes - 20:04
3. Jackie Young - 21:20
4. Carol Bullen - 21:41
5. Cari Anne Gerbino - 21:47
8. Katie Chawner - 22:08

PSAC Championships at Slippery Rock

Saturday, Oct. 29 • 6k
10th of 13/108 runners

14. Vanessa Andes - 23:05
51. Jess Chong - 24:34
52. Jackie Young - 24:37
64. Carol Bullen - 25:13
65. Kelly Brennan - 25:16
69. Cari Anne Gerbino - 25:27
71. Lori Johanson - 25:30
81. Amber Horn - 25:33
84. Chrissy Greer - 26:16

NCAA Regionals at Lock Haven

Saturday, Nov. 5 • 6k
13th of 24/181 runners

9. Vanessa Andes - 22:15
63. Jessica Chong - 23:56
69. Jackie Young - 24:06
84. Carol Bullen - 24:32
89. Cari Anne Gerbino - 24:51
90. Kelly Brennan - 25:02
109. Katie Chawner - 25:52

2004 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 11 • 8k
6th of 17

24. Iuri Pinto - 27:16
27. Jon Douglas - 27:23
45. Drew Nesbitt - 28:03
59. Marcus Magyar - 28:25
62. James Coomber - 28:28

Southern Indiana

Saturday, Sept. 25 • 8k
12th of 15/166 runners

57. Jon Douglas - 26:56
69. Matt Collins - 27:15
81. Drew Nesbitt - 27:34
88. James Coomber - 27:42
90. Mike Patrizi - 27:45

LaSalle Invite

Saturday, Oct. 2 • 8k
5th of 12/100 runners

3. Iuri Pinto - 26:15
12. Jon Douglas - 26:50
26. Matt Collins - 27:17
41. Drew Nesbitt - 27:40
49. James Coomber - 27:57

DeSales Invite

Saturday, Oct. 17 • 8k
3rd of 28/199 runners

4. Iuri Pinto - 26:55
9. Jon Douglas - 27:12
23. Mike Patrizi - 27:49
37. Matt Collins - 28:00
39. James Coomber - 28:10

Nevins Invite at ESU

Saturday, October 23 • 5k
1st of 10/60 runners

2. Drew Nesbitt - 16:47
5. Matt Collins - 16:51
6. Pete Miller - 16:52
8. Marcus Magyar - 16:56
10. Jon Douglas - 17:00

PSAC Championships at Kutztown

Saturday, Oct. 30 • 8k
8th of 14/118 runners

12. Iuri Pinto - 26:27
32. Jon Douglas - 27:13
54. James Coomber - 27:59
58. Matt Collins - 28:07
60. Pete Miller - 28:09

NCAA Regionals at IUP

Saturday, Nov. 6 • 10k
7th of 26/185 runners

7. Iuri Pinto - 32:40
22. Jon Douglas - 33:26
64. Anthony Femia - 35:15
65. Matt Collins - 35:16
75. Pete Miller - 35:31
82. James Coomber - 35:52
88. Mike Patrizi - 36:12

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 11 • 5k
7th of 18

1. Vanessa Andes - 18:41
38. Jane Grendel - 20:05
63. Jess Chong - 20:45
78. Kelly Brennan - 21:16
79. Trish Monteforte - 21:16

Southern Indiana

Saturday, Sept. 25 • 6k
9th

3. Vanessa Andes - 22:15
41. Jess Chong - 24:42
47. Jane Grendel - 24:51
82. Trish Monteforte - 25:51
85. Kelly Brennan - 25:53

LaSalle Invite

Saturday, Oct. 2 • 5k
5th

1. Vanessa Andes - 18:17
21. Jane Grendel - 20:07
26. Jess Chong - 20:10
38. Trish Monteforte - 20:40
45. Krista DiRiancho - 20:55

DeSales Invite

Saturday, Oct. 17 • 6k
4th of 27/191 runners

1. Vanessa Andes - 22:54
10. Jane Grendel - 24:18
20. Jess Chong - 25:04
37. Trish Monteforte - 25:49
66. Carol Bullen
79. Tiff Sauber

Nevins Invite at ESU

Saturday, October 23 • 5k
1st of 4

2. Jess Chong - 19:59
6. Carol Bullen - 20:35
8. Trish Monteforte - 20:40
12. Kelly Brennan - 21:05
18. Clarissa Coolblall - 21:41

PSAC Championships at Kutztown

Saturday, Oct. 30 • 6k
7th of 14/ 107 runners

2. Vanessa Andes - 22:32
17. Jane Grendel - 24:07
40. Jess Chong - 25:18

NCAA Regionals at IUP

Saturday, Nov. 6 • 6k
6th

4. Vanessa Andes - 21:24
26. Jane Grendel - 22:56
38. Jess Chong - 23:17
60. Carol Bullen - 24:08
66. Krista DiRiancho - 24:12

NCAA Regionals at Southern Indiana

Saturday, Nov. 20 • 6k

14. Vanessa Andes - 22:20

2003 RESULTS

MEN'S RESULTS

Lehigh Valley Champs

Friday, Sept. 5 • 8k
4th of 7/88 runners

14. James Coomber - 26:48
17. Mike Loenser - 27:05
38. Mike Patrizi - 28:12
43. Mike Badway - 28:21
69. Anthony Femia - 30:04
82. Bob Scott - 31:47

Fordham Ram Invite

Saturday, Sept. 13 • 8k
8th of 17/190 runners

35. James Coomber - 27:03
39. Mike Loenser - 27:09
67. Andy Sabella - 28:04
76. Jon Douglas - 28:26
92. Drew Nesbitt - 28:51

Tidewater Fall Classic

Saturday, Sept. 27 • 8k
4th of 10/122 runners

4. Mike Loenser - 26:28
14. Jon Douglas - 27:18
23. James Coomber - 27:45
29. Mike Patrizi - 27:53
33. Drew Nesbitt - 28:05

Paul Short (Lehigh)

Saturday, Oct. 4 • 8k
27th of 32/233 runners

118. James Coomber - 26:17
155. Mike Loenser - 26:41
183. Jon Douglas - 27:26
196. Andy Sabella - 27:43
197. Drew Nesbitt - 27:45

DeSales Invite

Saturday, Oct. 18 • 8k
7th of 34/228 runners

22. Mike Loenser - 27:38
30. James Coomber - 27:54
44. Jon Douglas - 28:07
60. Pete Miller - 28:30
67. Andy Sabella - 28:38

Kutztown

Saturday, October 25 • 5k
47 runners

6. Andy Sabella - 16:50
7. Pete Miller - 16:58
12. Jon Douglas - 17:11
13. Mike Badway - 17:11
17. Mike Patrizi - 17:26

PSAC Championships at Bloomsburg

Saturday, Nov. 1 • 8k
10th of 14/118 runners

35. Jon Douglas - 27:51
39. Mike Loenser - 27:58
56. Pete Miller - 28:28
59. James Coomber - 28:31
67. Andy Sabella - 28:46

NCAA Regionals at Lock Haven

Saturday, Nov. 8 • 10k
13th of 24/171 runners

29. Mike Loenser - 33:11
53. Jon Douglas - 33:58
69. Drew Nesbitt - 34:29
86. Andy Sabella - 35:01
98. Mike Badway - 35:31
99. Pete Miller - 35:33

WOMEN'S RESULTS

Lehigh Valley Champs

Friday, Sept. 5 • 6k
7th of 7

24. Jess Chong - 24:34
26. Kelly Curry - 24:40
30. Jane Grendel - 24:56
38. Steph Kutsop - 25:34
43. Trish Monteforte - 25:48

Fordham Ram Invite

Saturday, Sept. 13 • 5k
7th of 15/204 runners

3. Vanessa Andes - 18:27
40. Kelly Curry - 19:57
63. Jess Chong - 20:29
66. Holly Holtzinger - 20:33
67. Jane Grendel - 20:33

Tidewater Fall Classic

Saturday, Sept. 27 • 6k
2nd of 7/86 runners

1. Vanessa Andes - 21:37
6. Daffney Parsons - 23:07
10. Jess Chong - 23:33
12. Kelly Curry - 23:38
21. Jane Grendel - 24:11

Paul Short (Lehigh)

Saturday, Oct. 4 • 6k
26th of 32/224 runners

17. Vanessa Andes - 21:37
132. Kelly Curry - 23:31
136. Jane Grendel - 23:35
185. Jess Chong - 24:22
189. Steph Kutsop - 24:27

DeSales Invite

Saturday, Oct. 18 • 5k
3rd of 31/221 runners

1. Vanessa Andes - 18:43
12. Kelly Curry - 19:56
25. Jane Grendel - 20:21
29. Daffney Parsons - 20:26
43. Holly Holtzinger - 20:59

Kutztown

Saturday, October 25 • 5k
23 runners

1. Daffney Parsons - 20:00
5. Holly Holtzinger - 20:54
7. Carol Bullen - 20:56
9. Tiff Sauber - 21:34
10. Katie Morton - 21:37

PSAC Championships at Bloomsburg

Saturday, Nov. 1 • 6k
3rd of 14/112 runners

2. Vanessa Andes - 22:25
17. Daffney Parsons - 24:10
22. Kelly Curry - 24:24
32. Jane Grendel - 24:43
41. Holly Holtzinger - 24:55

NCAA Regionals at Lock Haven

Saturday, Nov. 8 • 6k
3rd of 24/162 runners

3. Vanessa Andes - 21:57
18. Daffney Parsons - 22:57
19. Kelly Curry - 22:58
23. Jane Grendel - 23:05
50. Holly Holtzinger - 23:47
59. Steph Kutsop - 24:00

NCAA at Raleigh, N.C.

Saturday, Nov. 22 • 6k

5. Vanessa Andes - 21:35

2002 RESULTS

MEN'S RESULTS

Lehigh Valley Champs

Friday, Sept. 6 • 8k
5th of 7/90 runners

5. Darryl Brown - 26:26
12. Mike Loenser - 26:42
42. Mike Browne - 27:59
43. Pete Miller - 28:00
49. Mike Patrizi - 28:15

Fordham Ram Invite

Saturday, Sept. 14 • 8k
9th of 17/155 runners

16. Darryl Brown - 27:19
59. Mike Loenser - 28:45
73. Mike Patrizi - 29:08
87. Rob Thomas - 29:37
94. Andy Sabella - 29:53

Tidewater Fall Classic

Saturday, Sept. 28 • 8k
5th of 18/181 runners

1. Darryl Brown - 25:32
23. Mike Loenser - 26:52
26. Mike Patrizi - 27:02
28. Mike Browne - 27:16
40. Pete Miller - 27:35

LaSalle Invitational

Saturday, Oct. 5 • 8k
9th of 10/114 runners

11. Darryl Brown - 26:11
55. Mike Loenser - 27:46
74. Mike Patrizi - 28:19
85. Mike Browne - 28:35
102. Andy Sabella - 29:20

DeSales Invite

Saturday, Oct. 14 • 8k
9th of 40/275 runners

6. Darryl Brown - 26:12
42. Mike Loenser - 27:27
62. Mike Browne - 27:51
66. Rob Thomas - 28:02
73. Mike Patrizi - 28:09
191. Pete Miller - 21:18

Kutztown

Saturday, October 26 • 5k
23 runners

2. Mike Browne - 17:16
3. Pete Miller - 17:22
4. Steve Spaits - 17:24
6. Mike Patrizi - 17:33
8. Andy Sabella - 17:39

PSAC Championships at Edinboro

Saturday, Nov. 2 • 8k
9th of 13/106 runners

5. Darryl Brown - 27:18
56. Mike Browne - 29:02
57. Mike Loenser - 29:03
61. Mike Patrizi - 29:14
72. Steve Spaits - 29:47

NCAA Regionals at Canaan Valley, W.V.

Saturday, Nov. 9 • 10k
10th of 21/157 runners

4. Darryl Brown - 32:56
60. Mike Loenser - 35:27
75. Pete Miller - 36:24
82. Mike Browne - 36:48
91. Andy Sabella - 37:15
102. Mike Patrizi - 37:52
119. Steve Spaits - 38:47

NCAA Championships at Ashland, Ohio

Saturday, Nov. 23 • 10k
186 finishers

80. Darryl Brown - 33:17

WOMEN'S RESULTS

Lehigh Valley Champs

Friday, Sept. 6 • 6k
6th of 7/83 runners

10. Colleen Weber - 23:45
26. Vanessa Andes - 24:42
41. Kelly Curry - 25:46
42. Krystal Klugh - 25:53

Fordham Ram Invite

Saturday, Sept. 14 • 5k
8th of 15/146 runners

35. Vanessa Andes - 20:42
40. Colleen Weber - 20:47
54. Erin Coyle - 21:40
56. Daffney Parsons - 21:44
64. Holly Holtzinger - 22:22

Tidewater Fall Classic

Saturday, Sept. 28 • 6k
7th of 15/163 runners

19. Colleen Weber - 23:13
31. Vanessa Andes - 23:40
37. Daffney Parsons - 24:01
51. Kelly Curry - 24:37
52. Holly Holtzinger - 24:41

LaSalle Invitational

Saturday, Oct. 5 • 5k
7th of 8/85 runners

45. Vanessa Andes - 20:54
50. Colleen Weber - 21:16
53. Daffney Parsons - 21:23
68. Kelly Curry - 21:57
72. Jane Grendel - 22:09
75. Hollie Smith - 22:33

DeSales Invite

Saturday, Oct. 14 • 5k
8th of 16/278 runners

38. Vanessa Andes - 20:26
39. Daffney Parsons - 20:28
57. Hollie Smith - 20:52
70. Holly Holtzinger - 21:00
88. Colleen Weber - 21:14
89. Jane Grendel - 21:14

Kutztown

Saturday, October 26 • 5k
23 runners

6. Kelly Curry - 21:14
9. Carol Bullen - 21:27
10. Holly Holtzinger - 21:38
11. Krystal Klugh - 21:43
13. Jen Tomaselli - 22:06

PSAC Championships at Edinboro

Saturday, Nov. 2 • 6k
9th of 13/102 runners

35. Hollie Smith - 25:20
47. Vanessa Andes - 25:40
51. Holly Holtzinger - 25:45
63. Colleen Weber - 26:04
72. Kelly Curry - 26:27

NCAA Regionals at Canaan Valley, W.V.

Saturday, Nov. 9 • 6k
10th of 18/139 runners

43. Vanessa Andes - 25:57
65. Hollie Smith - 26:26
66. Colleen Weber - 26:26
69. Kelly Curry - 26:40
77. Holly Holtzinger - 26:53
84. Steph Kutsop - 27:16
88. Jane Grendel - 27:46